

Overall Results

40km

Race No	Name	Sex	Age Cat Name	Race Time	Overall	Age
5842	PATRICK BELTON	M	Junior	01:31:03	1	1
9115	JEDSON TOOMS	M	Senior	01:35:41	2	1
4816	GARETH ANDREWS	M	Junior	01:36:51	3	2
8874	CHRIS WALFORD	M	Veteran	01:38:56	4	1
6036	CARLO MARZOPPI	M	Youth	01:41:53	5	1
5318	CON MALHERBE	M	Master	01:41:53	6	1
46455	DAMON STAMP	M	Youth	01:42:15	7	2
2340	JACO PELSER	M	Junior	01:42:16	8	3
8662	DANI JENSEN	M	Senior	01:42:29	9	2
5176	JOSHUA NELSON	M	Youth	01:42:58	10	3
9965	GARETH COOK	M	Senior	01:48:18	11	3
10466	ROSS VAN DER MERWE	M	Junior	01:48:46	12	4
8038	BIANCA HAW	F	Youth	01:49:17	1	1
13148	JOHAN MEINTJES	M	Veteran	01:49:19	13	2
85000	BRAD PEARSE	M	Veteran	01:49:56	14	3
40562	WIEHAN PRINSLOO	M	Junior	01:50:02	15	5
17525	TRAVIS DEACON	M	Junior	01:51:34	16	6
3210	DYLAN WILLIAMS	M	Youth	01:51:50	17	4
1296	JOHAN DORFLING	M	Sub Veteran	01:51:55	18	1
8635	KARL SANDER	M	Veteran	01:52:28	19	4
6856	TRAVERS PELLEW	M	Senior	01:52:31	20	4
5272	CRAIG JARRETT	M	Youth	01:52:45	21	5
1617	CHRIS COWAN	M	Senior	01:54:18	22	5
16132	GREG NAIRN	M	Sub Veteran	01:54:24	23	2
1889	ERIC MARZOPPI	M	Veteran	01:54:37	24	5
2506	GLEN BECKETT	M	Veteran	01:55:40	25	6
7207	OLIVER SCLANDERS	M	Veteran	01:56:10	26	7
3134	CHARLES STANDER	M	Grand Master	01:56:54	27	1
2341	WILLIE PELSER	M	Veteran	01:57:35	28	8
12243	MURRAY CHURCH	M	Youth	01:58:46	29	6
92884	LYN VAN BREDA	F	Veteran	01:58:46	2	1
12243	MURRAY CHURCH	M	Youth	01:59:02	30	7
85546	MATTHEW VOLEK	M	Youth	01:59:37	31	8
42456	ROB NUTT	M	Sub Veteran	01:59:54	32	3
46869	ROBYN RYAN	F	Junior	02:00:10	3	1
2752	CALVIN VAN WIERINGEN	M	Junior	02:00:12	33	7
80105	PAUL JUSTIN LISHMAN	M	Veteran	02:01:34	34	9
79011	SANELE BLOSE	M	Junior	02:01:57	35	8
11652	JOSHUA FOCHE	M	Youth	02:02:02	36	9
17009	CAMERON WAREING	M	Junior	02:02:04	37	9
5073	GRANT TITMUSS	M	Senior	02:02:32	38	6
92161	CUAN ROOTMAN	M	Senior	02:03:03	39	7
2133	DAVE GRIFFIN	M	Master	02:03:09	40	2
7876	WAYNE DURWARD	M	Senior	02:03:11	41	8
4363	JEANDRE SMIT	M	Senior	02:03:15	42	9
1615	MIKE COWAN	M	Master	02:03:40	43	3

91976	AARON ENGELBRECHT	M	Senior	02:03:44	44	10
3703	CARL TEGNER	M	Sub Veteran	02:03:47	45	4
95246	SEAN FORTMANN	M	Senior	02:03:49	46	11
5874	TRAVIS TEASDALE	M	Youth	02:04:03	47	10
12654	JOHN GREYLING	M	Junior	02:04:15	48	10
12169	STEVE BOTHA	M	Veteran	02:04:32	49	10
42394	JACQUES DREYER	M	Sub Veteran	02:04:33	50	5
45245	JOHAN OBERHOLZER	M	Veteran	02:04:50	51	11
45543	MARINUS VAN SANDWYK	M	Youth	02:05:04	52	11
8196	PETER HOFFMANN	M	Master	02:05:17	53	4
11831	DYLAN EVANS	M	Senior	02:05:34	54	12
2031	SHIRLEY-ANN BROWN	F	Veteran	02:05:40	4	2
7828	PAUL HAMBLIN	M	Sub Veteran	02:05:55	55	6
5010	GARY VISSER	M	Veteran	02:05:56	56	12
3482	ANDRE LOUW	M	Sub Veteran	02:05:57	57	7
5080	GARETH MORGAN	M	Junior	02:06:04	58	11
42327	DANIE VAN HUYSSTEEN	M	Veteran	02:06:19	59	13
6699	TROY ROWLANDS	M	Sub Veteran	02:06:23	60	8
8197	CHARMAINE MC CALLUM	F	Veteran	02:06:29	5	3
42554	CRAIG MAINSTONE	M	Sub Veteran	02:06:31	61	9
2312	DEON PRETORIUS	M	Sub Veteran	02:06:36	62	10
99147	JOHN MITCHELL	M	Veteran	02:07:51	63	14
40272	MARIU MTHEMBU	M	Senior	02:08:16	64	13
8284	JOHN CLARKSON	M	Sub Veteran	02:08:22	65	11
5670	JOHAN VILJOEN	M	Veteran	02:08:51	66	15
98911	BRAD LIEBENBERG	M	Sub Veteran	02:09:19	67	12
43035	ALISTAIR WATT	M	Veteran	02:09:46	68	16
1440	ANDREW JONES	M	Veteran	02:09:55	69	17
41390	PETER BAUER	M	Veteran	02:10:06	70	18
2638	YVETTE ROBERTS	F	Sub Veteran	02:10:09	6	1
16323	MIKE BRADLEY	M	Veteran	02:10:20	71	19
91823	SIMON VENTER	M	Senior	02:10:21	72	14
4069	PAUL NEL	M	Veteran	02:10:22	73	20
92248	EUGENE RAATHS	M	Senior	02:10:37	74	15
11898	BRUCE TITMUSS	M	Master	02:10:41	75	5
6317	CHARL SWART	M	Veteran	02:11:09	76	21
6382	LANCE KIEVIT	M	Sub Veteran	02:11:18	77	13
4253	MARK CRICHTON	M	Master	02:11:19	78	6
5671	SIMON ROLLO	M	Sub Veteran	02:11:22	79	14
1862	KIM CLOSE	F	Veteran	02:11:23	7	4
3885	WIEBE ZOETMULDER	M	Master	02:12:09	80	7
85553	PAUL WORSNIP	M	Sub Veteran	02:12:16	81	15
98556	TREVOR HAY	M	Sub Veteran	02:12:28	82	16
2560	SHANNON ROBERTSON	M	Veteran	02:13:05	83	22
80246	VICTOR CRAWLEY	M	Junior	02:13:11	84	12
85555	CLIFF ROBBERTZE	M	Veteran	02:13:27	85	23
8593	STEVE FITZJOHN	M	Sub Veteran	02:13:31	86	17
10688	PIERRE LABUSCHAGNE	M	Veteran	02:13:35	87	24
10300	MARK FISHER	M	Veteran	02:13:40	88	25
3690	STUART NISBET	M	Veteran	02:13:42	89	26

98601	SAMUEL ERASMUS	M	Sub Veteran	02:13:49	90	18
2128	QUINTON BELL	M	Sub Veteran	02:14:12	91	19
4089	CARLOS DA COSTA	M	Veteran	02:14:45	92	27
47180	TANYA ORTLEPP	F	Veteran	02:14:52	8	5
4592	CATHRYN DOHERTY-BIGARA	F	Sub Veteran	02:14:54	9	2
90878	JAMES FALCONER	M	Sub Veteran	02:15:08	93	20
7419	ROBIN WOOLLEY	M	Sub Veteran	02:15:09	94	21
11374	BARRY HUGO	M	Veteran	02:15:33	95	28
7384	BRADLEY NEAL	M	Senior	02:15:54	96	16
10756	ROBERT MURRAY	M	Veteran	02:16:03	97	29
42751	WARREN RENTON	M	Sub Veteran	02:16:07	98	22
8772	HENRY COXWELL	M	Veteran	02:16:13	99	30
80018	KEVIN ETHERINGTON	M	Master	02:16:22	100	8
9348	JASON DAVIES	M	Sub Veteran	02:16:27	101	23
6512	PETER IRELAND	M	Veteran	02:16:27	102	31
41441	JUSTIN GRIFFIN	M	Sub Veteran	02:16:34	103	24
9134	RALPH GILBERT	M	Veteran	02:16:45	104	32
93214	SHAUN MCCALLUM	M	Senior	02:17:03	105	17
90481	DAVID WILMANS	M	Master	02:17:04	106	9
86597	WESSEL FOURIE	M	Senior	02:17:13	107	18
4600	HELENA MUIR	F	Master	02:17:16	10	1
94537	DARYL WYATT	M	Senior	02:17:29	108	19
10100	CLINT GALTREY	M	Sub Veteran	02:17:32	109	25
7683	KARL CHOROMANSKI	M	Senior	02:17:37	110	20
13174	BRAD INGRAM	M	Veteran	02:17:52	111	33
85323	MICHAEL BENPORATH	M	Senior	02:17:58	112	21
45194	GREG MILLS	M	Veteran	02:18:09	113	34
4325	MICHELLE CRICHTON	F	Senior	02:18:09	11	1
4326	STUART CRICHTON	M	Junior	02:18:21	114	13
9988	DEREK GRUBB	M	Veteran	02:18:41	115	35
5733	BEVERLEY DA COSTA	F	Veteran	02:18:42	12	6
81278	PETER HAUPTFLEISCH	M	Sub Veteran	02:18:43	116	26
5732	JOSE DA COSTA	M	Veteran	02:18:48	117	36
40017	JOHN TOMLINSON	M	Sub Veteran	02:18:57	118	27
9350	FELIX MANKE	M	Sub Junior	02:19:00	119	1
40233	EUGENE SWANEPOEL	M	Senior	02:19:21	120	22
35530	TROYE SUMMERFORD	M	Sub Veteran	02:19:25	121	28
98791	ROBERT COMBRINCK	M	Sub Veteran	02:19:27	122	29
13803	HAYDEN DOWDALL	M	Veteran	02:19:46	123	37
9360	NICHOLAS MASTERS	M	Sub Veteran	02:19:49	124	30
46357	NTOBEKO HLATSHWAYO	M	Senior	02:19:49	125	23
8340	ALEXANDRA MAPSTONE	F	Youth	02:20:06	13	2
7146	GIRTIE STEENKAMP	F	Veteran	02:20:06	14	7
92500	TESSA HESSE	F	Veteran	02:20:10	15	8
47575	PAUL SCHOEMAN	M	Senior	02:20:11	126	24
4638	KIM WESTBROOK	F	Senior	02:20:12	16	2
4638	KIM WESTBROOK	F	Senior	02:20:13	17	3
1981	GEORGE LOWE	M	Sub Veteran	02:20:20	127	31
3797	LUC QUEVAUVILLIERS	M	Sub Veteran	02:20:28	128	32
6023	RICHARD ROLOFF	M	Master	02:20:39	129	10

7135	CATHERYN MEYER	F	Sub Veteran	02:20:54	18	3
3835	BILLY BRIDGE	M	Master	02:20:57	130	11
2305	GAVIN LINNETT	M	Sub Veteran	02:21:04	131	33
3835	BILLY BRIDGE	M	Master	02:21:16	132	12
4668	TONY KERSLAKE	M	Sub Veteran	02:21:16	133	34
6489	BRETT VINCENT	M	Veteran	02:21:26	134	38
41037	ANDREW HOLMES	M	Veteran	02:21:43	135	39
5880	PAUL HUGHES	M	Veteran	02:21:50	136	40
6910	MARK MOON	M	Veteran	02:21:56	137	41
85405	DAVID CARTWRIGHT	M	Junior	02:21:58	138	14
46608	JONATHAN FELL	M	Junior	02:22:02	139	15
85405	DAVID CARTWRIGHT	M	Junior	02:22:02	140	16
2104	TONY MCCREE	M	Veteran	02:22:14	141	42
91848	CLYDE SCHULTZ	M	Sub Veteran	02:22:21	142	35
8374	DAVID BAKER	M	Veteran	02:22:26	143	43
5370	KEM SLADE	M	Veteran	02:22:27	144	44
13631	ANDREW HOLLEY	M	Sub Veteran	02:22:30	145	36
4597	JASON CHETTLEBURGH	M	Senior	02:22:51	146	25
10782	RICK SPEIRS	M	Sub Veteran	02:22:59	147	37
13932	STEPHANIE VINCENT	F	Senior	02:23:07	19	4
5731	MARTIN CAMP	M	Veteran	02:23:18	148	45
19780	CHRISTOPHER LE SUEUR	M	Veteran	02:23:26	149	46
10586	ANDRE VAN VUUREN	M	Sub Veteran	02:23:28	150	38
16945	DALMAIN STRYDOM	M	Veteran	02:23:32	151	47
7971	NATASHA STANTON	F	Sub Veteran	02:23:32	20	4
3459	CINDENE SMITH	F	Sub Veteran	02:23:58	21	5
6144	GARETH BAILEY	M	Sub Veteran	02:23:58	152	39
6141	JENNA SCHOU	F	Sub Veteran	02:24:01	22	6
1105	BRONWYN FRIEDMAN	F	Sub Veteran	02:24:02	23	7
16175	LINDSAY EVERSON	F	Senior	02:24:05	24	5
99586	TYRELL FRANCIS	M	Senior	02:24:08	153	26
13992	STEVE KEMP	M	Master	02:24:18	154	13
41407	HILTON BROWN	M	Youth	02:24:19	155	12
93672	WAYNE SIVES	M	Senior	02:24:27	156	27
90491	BONFAS MBUSO MHLONGO	M	Sub Veteran	02:24:36	157	40
48086	NIC WARREN	M	Youth	02:24:37	158	13
47228	CHRIS CARTWRIGHT	M	Youth	02:25:01	159	14
47758	FRED DEYZEL	M	Veteran	02:25:01	160	48
4141	MICHELE DU TOIT	F	Veteran	02:25:15	25	9
5304	CARL FREYER	M	Master	02:25:26	161	14
8269	TYROL MITCHELL	M	Sub Veteran	02:25:30	162	41
99517	KOSTA KOUMANTARAKIS	M	Veteran	02:25:31	163	49
5250	ROBIN MOORE	M	Master	02:25:47	164	15
44012	JUSTIN MACKLEY	M	Sub Veteran	02:26:00	165	42
95527	VICTORIA WHITE	F	Sub Veteran	02:26:06	26	8
91648	JULIAN TAYLOR	M	Senior	02:26:09	166	28
16193	DAVID GAY	M	Master	02:26:11	167	16
93699	RICHARD COX	M	Veteran	02:26:18	168	50
80275	WYNAND PRETORIUS	M	Veteran	02:26:30	169	51
6622	LORRAINE PARSONAGE	F	Master	02:26:39	27	2

3604	MARIUS JANSE VAN RENSBURG	M	Sub Veteran	02:26:42	170	43
6197	BRETT JAMIESON	M	Master	02:26:44	171	17
44504	DION HUTTON	M	Veteran	02:26:54	172	52
95483	WARREN LANCASTER	M	Senior	02:26:54	173	29
1129	JARRED EASTON	M	Junior	02:27:13	174	17
11428	MARLISE JOUBERT	F	Sub Veteran	02:27:17	28	9
93045	SEAN WERNICH	M	Veteran	02:27:21	175	53
85620	DAVID BAKER	M	Sub Veteran	02:27:44	176	44
91396	RYNO VAN ZYL	M	Sub Veteran	02:27:51	177	45
90353	TOSH MAKHATHINI	M	Veteran	02:27:58	178	54
46628	RICHARD WYNGAARD	M	Sub Veteran	02:28:02	179	46
13634	GRANT SMITH	M	Veteran	02:28:21	180	55
93579	ANDREW TARPEY	M	Sub Veteran	02:28:26	181	47
40597	JENNI MCGEE	F	Senior	02:28:30	29	6
7796	DAVE LEES	M	Master	02:28:35	182	18
5706	COLIN EVERSON	M	Grand Master	02:28:37	183	2
95601	GRANT MOLONEY	M	Sub Veteran	02:28:40	184	48
99018	MICHAEL SAVAGE	M	Youth	02:28:41	185	15
7622	STUART JAMES	M	Sub Veteran	02:28:46	186	49
13774	NATHAN BUCKI	M	Senior	02:28:56	187	30
43554	KRISTYL WEATHERHEAD	F	Senior	02:28:59	30	7
20286	ROSS HOLMES	M	Junior	02:29:05	188	18
7305	MORGAN OKENNEDY	M	Master	02:29:07	189	19
98247	LIONEL ALLAN	M	Master	02:29:15	190	20
20263	COLIN BRUNSDON	M	Veteran	02:29:18	191	56
6952	DONALD SQUIRES	M	Master	02:29:19	192	21
91381	SHELLEY FREYER	F	Senior	02:29:19	31	8
90894	NICOLA LE MERLE	M	Senior	02:29:24	193	31
3446	GRAEME LE ROUX	M	Veteran	02:29:26	194	57
3445	NICCI LE ROUX	F	Veteran	02:29:27	32	10
11223	BEVAN LEISEGANG	M	Master	02:29:34	195	22
8874	CHRIS WALFORD	M	Veteran	02:29:36	196	58
2916	MARK EASTON	M	Veteran	02:29:45	197	59
7421	RHETT DE BEER	M	Sub Veteran	02:29:46	198	50
1479	DAVE IBBETSON	M	Master	02:29:47	199	23
98513	ANTON ZWIERS	M	Master	02:29:57	200	24
17239	BARON PAVERD	M	Veteran	02:29:58	201	60
13863	GLEN METER	M	Veteran	02:30:04	202	61
85476	JASON GLEN BARTON	M	Senior	02:30:10	203	32
8246	CORRIE STEENKAMP	M	Master	02:30:11	204	25
7427	NICOLA KEW	F	Sub Veteran	02:30:12	33	10
2169	SANDRA WILSON	F	Master	02:30:16	34	3
80857	BRADLEY DAMES	M	Sub Veteran	02:30:22	205	51
9351	OLAF MANKE	M	Youth	02:30:24	206	16
99473	TREVOR SAMPSON	M	Master	02:30:27	207	26
4367	JEFF FOBB	M	Grand Master	02:30:28	208	3
85473	DILLON ANDREW LE ROUX	M	Senior	02:30:29	209	33
5431	GRANT BRIGGS	M	Veteran	02:30:31	210	62
20055	MALCOLM KOHRS	M	Grand Master	02:30:36	211	4
99607	SEAN HERD-HOARE	M	Junior	02:30:45	212	19

7853	MIKE SMIT	M	Grand Master	02:30:48	213	5
3358	ROY CANNON	M	Master	02:30:49	214	27
9552	WENDY CORKIN	F	Veteran	02:31:00	35	11
8517	ANTHONY BATH	M	Veteran	02:31:03	215	63
4747	CYNTHIA RAMSEY	F	Veteran	02:31:23	36	12
46982	MATTHEW CHAMBERS	M	Master	02:31:24	216	28
95869	CEDRIC MACDONALD	M	Sub Veteran	02:31:28	217	52
3878	VOS VOORMOLEN	M	Veteran	02:31:29	218	64
40675	RICCARDO COLAROSSO	M	Senior	02:31:40	219	34
92339	CRAIG COUTTS	M	Sub Veteran	02:31:40	220	53
99189	GARY TINTINGER	M	Veteran	02:32:10	221	65
95473	SUE MARTIN	F	Master	02:32:14	37	4
95423	RONNIE HALES	M	Master	02:32:14	222	29
99098	MATT SAMPSON	M	Senior	02:32:18	223	35
8115	GREGORY SCIOCATTI	M	Master	02:32:18	224	30
46379	JON EKEROLD	M	Veteran	02:32:25	225	66
95167	GRANT NICHOLLS	M	Sub Veteran	02:32:33	226	54
99931	DEWET GROBLER	M	Sub Veteran	02:32:37	227	55
17175	KERRY CAMPBELL	F	Sub Veteran	02:32:40	38	11
9639	KEITH CLOVER	M	Sub Veteran	02:32:50	228	56
16213	LARA BATESON	F	Sub Veteran	02:33:07	39	12
80505	PATRICK EDY	M	Master	02:33:13	229	31
80985	DARREN HUNTLEY	M	Sub Veteran	02:33:26	230	57
9859	NICHOLAS CAMP	M	Youth	02:33:38	231	17
80097	GRAEME VORSTER	M	Sub Veteran	02:33:41	232	58
9761	MARINA ERIKSEN-MILLER	F	Master	02:33:52	40	5
6939	CLIFFTON BRIDGE	M	Senior	02:33:54	233	36
85098	PETER GRUNOW	M	Senior	02:33:54	234	37
95618	KEVIN KETTLE	M	Senior	02:33:58	235	38
8508	ERROLL DE WET	M	Veteran	02:34:06	236	67
91920	BELINDA WICHMANN	F	Senior	02:34:10	41	9
13286	GREG SCHOEMAN	M	Sub Veteran	02:34:12	237	59
13215	PAUL BORTHWICK	M	Master	02:34:16	238	32
6474	DAVID HIRST	M	Veteran	02:34:19	239	68
10381	CHRISTOPHER MOLYNEAUX	M	Master	02:34:23	240	33
4908	CHRIS NEL	M	Sub Veteran	02:34:47	241	60
9013	LINDA PRIEST	F	Master	02:34:49	42	6
11280	CHRIS KERR	M	Senior	02:34:52	242	39
42376	MARK JOHNSON	M	Senior	02:35:04	243	40
17709	JENS VON DELFT	M	Veteran	02:35:52	244	69
4539	ALLAN WESTWOOD	M	Master	02:35:54	245	34
3350	GLEN WALKER	M	Veteran	02:35:56	246	70
4242	GLYNTON REED	M	Veteran	02:35:56	247	71
6524	ANTHONY HEENAN	M	Sub Veteran	02:36:01	248	61
90468	TERENCE STIEVENART	M	Sub Veteran	02:36:01	249	62
15005	CHARLES KRUGER	M	Veteran	02:36:08	250	72
3749	THERESA COUZYN	F	Sub Veteran	02:36:14	43	13
98234	MICHAEL RIDGWAY	M	Veteran	02:36:15	251	73
4910	CAROLINE JONES	F	Veteran	02:36:21	44	13
92809	CLIFTON BRASS	M	Veteran	02:36:25	252	74

4570	MICHAEL WITHEY	M	Senior	02:36:26	253	41
2332	SANDRA YOUNG	F	Veteran	02:36:27	45	14
6809	EDDY NEILSON	M	Master	02:36:29	254	35
9338	ROSS NORTON	M	Sub Veteran	02:36:31	255	63
86435	CAMILLA HOWARD-BROWNE	F	Sub Veteran	02:36:43	46	14
42694	HEINDRICH BEYLEVELDT	M	Sub Veteran	02:36:53	256	64
40158	CHARLES NEWTON	M	Veteran	02:37:10	257	75
80974	MIKE VERNES	M	Master	02:37:11	258	36
11209	JOANNE DUNTON	F	Veteran	02:37:14	47	15
14213	TAMLIN MEIER	F	Youth	02:37:21	48	3
17170	BEVAN EDGLEY	M	Veteran	02:37:31	259	76
9625	CAROLINE CLOVER	F	Sub Veteran	02:37:37	49	15
4177	KEVIN STEVENS	M	Master	02:37:43	260	37
11906	HAMISH MCCREADY	M	Junior	02:38:00	261	20
2181	RUSSELL SMITH	M	Veteran	02:38:01	262	77
17473	DAVID LEROUX	M	Sub Veteran	02:38:22	263	65
10644	DWAYNE MARITZ	M	Sub Veteran	02:38:26	264	66
95791	ANETTE PRINSLOO	F	Veteran	02:38:27	50	16
20230	CORRIE PRINSLOO	M	Veteran	02:38:27	265	78
13848	SHARLENE MCGILVRAY	F	Master	02:38:47	51	7
8105	ANTONY DRUMMOND	M	Sub Veteran	02:38:49	266	67
20217	DEAN VAN ZYL	M	Veteran	02:38:54	267	79
12742	JOHAN VAN ZYL	M	Veteran	02:38:56	268	80
20269	JASON CARLISLE-KITZ	M	Sub Veteran	02:38:56	269	68
90170	MICHAEL MINNIE	M	Sub Veteran	02:38:56	270	69
5255	JEROME KIESER	M	Grand Master	02:39:01	271	6
19888	WARREN SUMNER	M	Veteran	02:39:09	272	81
4992	DAVID SNYMAN	M	Grand Master	02:39:10	273	7
13550	DENISE BAXTER	F	Master	02:39:13	52	8
13549	GEOFFREY BAXTER	M	Master	02:39:16	274	38
5197	DAVE COCHRANE	M	Master	02:39:36	275	39
7446	CRAIG NICHOLSON	M	Sub Veteran	02:39:37	276	70
19045	MIKE HARCOURT	M	Veteran	02:39:42	277	82
8888	TATUM HILL	F	Senior	02:39:43	53	10
90529	MARK BAPTIE	M	Veteran	02:39:46	278	83
11914	CASSANDRA STREMMELAAR	F	Veteran	02:39:49	54	17
91827	PEDRO SILVA	M	Veteran	02:40:02	279	84
95249	JON MURDOCH-EATON	M	Sub Veteran	02:40:05	280	71
92021	ROLAND CAMPBELL	M	Veteran	02:40:14	281	85
8254	JOSICK WATKINS	F	Veteran	02:40:23	55	18
19187	WESLEY NEILSON	M	Senior	02:40:29	282	42
8741	NEERAN AHEER	M	Veteran	02:40:43	283	86
11905	DOUGLAS MCCREADY	M	Veteran	02:40:52	284	87
3744	MARY-ANNE GREENLAND	F	Veteran	02:40:52	56	19
46635	DONOVAN CRICKMORE	M	Sub Veteran	02:40:57	285	72
92078	RUDY COETZEE	M	Grand Master	02:41:02	286	8
8254	JOSICK WATKINS	F	Veteran	02:41:02	57	20
95492	COURTNEY CROSSON	M	Veteran	02:41:06	287	88
4850	DAVE STEWART	M	Grand Master	02:41:14	288	9
92048	PETE WHITEHOUSE	M	Veteran	02:41:14	289	89

8761	MARK DAVID BATES	M	Veteran	02:41:16	290	90
5596	MICHELLE BATTEN	F	Sub Veteran	02:41:17	58	16
99470	BRADLEY DOUGLAS	M	Sub Veteran	02:41:24	291	73
4030	MARK HORNE	M	Sub Veteran	02:41:26	292	74
99208	CRAIG SMITH	M	Sub Veteran	02:41:36	293	75
13811	CRAIG SAGAR	M	Master	02:41:44	294	40
3383	DERICK MURPHY	M	Grand Master	02:41:46	295	10
3587	GAVIN RYAN	M	Sub Veteran	02:41:51	296	76
46770	JONATHAN BASTOW	M	Sub Veteran	02:41:53	297	77
4892	JOHAN JANSEN VAN RENSBURG	M	Veteran	02:42:17	298	91
8498	NICOLA DE VILLIERS	F	Sub Veteran	02:42:21	59	17
1894	BRUCE KOLL	M	Master	02:42:29	299	41
46144	CYLE THOMAS NEWTON	M	Youth	02:42:29	300	18
44335	LANCE ROBERTS	M	Sub Veteran	02:42:35	301	78
91475	KEVIN WILLIAMS	M	Veteran	02:42:42	302	92
11282	CRISPIN SWAINSTON HARRISON	M	Veteran	02:42:46	303	93
81317	JADE STRACHAN	F	Sub Veteran	02:42:50	60	18
17150	RICHARD DE OUDE	M	Veteran	02:42:51	304	94
44616	CHRISTOPHER RILEY	M	Senior	02:42:58	305	43
8916	LIONEL GAZE	M	Master	02:42:59	306	42
8869	DEREK SMITH	M	Veteran	02:43:14	307	95
9509	WERNER PELSER	M	Veteran	02:43:17	308	96
86240	SETH KEPPLER	M	Sub Veteran	02:43:17	309	79
8871	NICOLE SMITH	F	Veteran	02:43:29	61	21
92934	JONATHAN MACKINTOSH	M	Sub Veteran	02:43:29	310	80
45290	SHIRLEY DEYZEL	F	Veteran	02:43:35	62	22
4313	BARON TANNER	M	Veteran	02:43:36	311	97
3710	MARTIN WHITE	M	Grand Master	02:43:45	312	11
6015	RICHARD COULSON	M	Master	02:43:51	313	43
95588	SEAN DOUGLAS	M	Veteran	02:43:52	314	98
5102	NOEL GILLES QUEVAUVILLIERS	M	Grand Master	02:44:02	315	12
40877	HANNES DE VILLIERS	M	Master	02:44:15	316	44
80794	MINETTE MCCABE	F	Sub Veteran	02:44:22	63	19
4190	WARREN BIRD	M	Veteran	02:44:26	317	99
8301	BRUCE MCDONALD	M	Master	02:44:34	318	45
20226	ROBERT WICHMANN	M	Master	02:44:35	319	46
40798	MALCOLM STAINBANK	M	Grand Master	02:44:45	320	13
99935	JASON YEOMAN	M	Sub Veteran	02:44:51	321	81
1200	GOLDIE HILL	F	Master	02:44:55	64	9
5500	MERVYN GANS	M	Grand Master	02:44:58	322	14
1003	ALLEN HUMAN	M	Master	02:45:27	323	47
5853	MIRNA FOURIE	F	Senior	02:45:27	65	11
98671	SORIN DIMITRIU	M	Master	02:45:36	324	48
6784	SIMON HOFMEYR	M	Sub Veteran	02:45:38	325	82
4506	SEAN BROWN	M	Veteran	02:45:49	326	100
4938	PAUL TEN-BOKUM	M	Sub Veteran	02:45:53	327	83
98420	JAPIE VAN SCHALKWYK	M	Veteran	02:45:55	328	101
40295	ROBIN ROWE	M	Veteran	02:46:02	329	102
40065	JOHN CLEMENTS	M	Veteran	02:46:17	330	103
47741	JANET FRANGS	F	Veteran	02:46:22	66	23

45212	DEON AURETS	M	Veteran	02:46:23	331	104
4959	STEPHEN ADIE	M	Master	02:46:27	332	49
98254	NICHOLAS COOK	M	Senior	02:46:31	333	44
10025	SALLY RALFE	F	Sub Veteran	02:46:34	67	20
4962	CHARLES JOHNSTON	M	Master	02:46:50	334	50
6879	JAMES DAVEL	M	Veteran	02:46:53	335	105
40064	BRADLEY FORD	M	Youth	02:46:55	336	19
46504	HEIDI NUTT	F	Senior	02:46:56	68	12
91610	BRENDON VAN VREDEN	M	Sub Veteran	02:47:01	337	84
85644	LIZA LEACH	F	Sub Veteran	02:47:16	69	21
6447	HAROLD SPEIGHT	M	Grand Master	02:47:23	338	15
92254	ADAM SIMMONS	M	Senior	02:47:28	339	45
7350	DAVID VLCEK	M	Senior	02:47:29	340	46
4554	MITCHELL BROOKE	M	Sub Veteran	02:47:36	341	85
9417	IAN FARRELL	M	Master	02:47:46	342	51
4147	MARK ALBERTS	M	Veteran	02:47:56	343	106
3307	MIKE ALBERS	M	Master	02:48:05	344	52
19143	MATTHEW CHRYSTAL	M	Senior	02:48:07	345	47
81113	JASON KNOX	M	Veteran	02:48:11	346	107
3085	ALISTAIR CHRYSTAL	M	Veteran	02:48:13	347	108
10850	ASHLEY SCOTT	F	Sub Veteran	02:48:17	70	22
5741	WENDY EVANS	F	Veteran	02:48:18	71	24
4789	SIMON FRANCIS	M	Grand Master	02:48:20	348	16
8528	DAVID BENJAMIN SNYMAN	M	Sub Veteran	02:48:23	349	86
92611	CLAIRE JONES	F	Sub Veteran	02:48:40	72	23
99859	ANDREW EDWARDS	M	Veteran	02:48:47	350	109
44726	NIGEL SHERRIFF	M	Sub Veteran	02:48:57	351	87
40409	LYNDALL DIBBEN	F	Senior	02:48:58	73	13
16017	GEOFFREY MITCHELL	M	Master	02:48:59	352	53
3585	MELVYN GLOVER	M	Grand Master	02:49:05	353	17
8253	GUY WATKINS	M	Veteran	02:49:10	354	110
3372	HENK DUYS	M	Grand Master	02:49:10	355	18
17196	MARLENE CONRADIE	F	Veteran	02:49:15	74	25
95832	WALDO VON BARGEN	M	Senior	02:49:29	356	48
17663	NIC PAPADOPOULOS	M	Veteran	02:49:33	357	111
5081	JOHANNES FRIEDRICH KEYSER	M	Master	02:49:36	358	54
11322	RODERICK DE VILLIERS	M	Master	02:49:49	359	55
8854	SHARON ANDREWS	F	Veteran	02:49:52	75	26
3905	BRYAN CORDES	M	Veteran	02:50:14	360	112
3842	MARK TASCHNER	M	Master	02:50:17	361	56
46139	SAM SPEED	M	Sprog	02:50:21	362	1
93481	KEVIN MOOLMAN	M	Veteran	02:50:47	363	113
11120	TAKI ANASTASIS	M	Veteran	02:50:59	364	114
9960	PAUL KOTZE	M	Master	02:51:00	365	57
42527	MAARTEN BOEROP	M	Veteran	02:51:06	366	115
93757	RIAAN OOSTHUYZEN	M	Senior	02:51:16	367	49
40935	TASHA ALLEDAHN	F	Sub Veteran	02:51:29	76	24
43364	DAVE JOHNSON	M	Veteran	02:51:32	368	116
3497	WILLIAM HAY	M	Veteran	02:51:41	369	117
5681	CARLA HALL	F	Veteran	02:51:46	77	27

8417	ROGER BURNETT	M	Master	02:51:50	370	58
5381	CHRISTOPHER BRECHER	M	Senior	02:52:11	371	50
40682	CROC MCLAUGHLIN	M	Master	02:52:43	372	59
13647	LAURA MATTHEWS	F	Senior	02:52:54	78	14
4956	BRETT MCNALLY	M	Senior	02:53:01	373	51
86413	RYAN DOHNE	M	Senior	02:53:03	374	52
3474	DAVID BODLEY	M	Master	02:53:11	375	60
13823	CRAIG JOHNSON	M	Master	02:53:13	376	61
13643	GREGG RIPLEY-EVANS	M	Veteran	02:53:35	377	118
85128	ADRIAAN DELPORT	M	Veteran	02:53:36	378	119
14070	RICHARD MENDEL	M	Master	02:54:02	379	62
11896	MICHAEL FELL	M	Master	02:54:05	380	63
3991	LAWRENCE BLACKBEARD	M	Master	02:54:15	381	64
6087	GARTH WALKER	M	Master	02:54:15	382	65
8692	PETER KIRSTEN	M	Master	02:54:39	383	66
92249	MAX STAMATIS	M	Senior	02:54:41	384	53
85519	KARIN MEYER	F	Sub Veteran	02:55:00	79	25
13743	HOBART KAY	M	Grand Master	02:55:16	385	19
13638	ANTON SCHONKEN	M	Master	02:55:18	386	67
1773	GRANT RICHARDSON	M	Veteran	02:55:20	387	120
99320	SHAUN QUIN	M	Sub Veteran	02:55:33	388	88
92140	JOHN BOUTSIS	M	Youth	02:55:45	389	20
94601	NEIL COLLIER	M	Sub Veteran	02:55:46	390	89
99525	ROB HUMPHRY	M	Master	02:56:26	391	68
8669	DARYL COOPER	M	Master	02:56:36	392	69
4356	IRIS VARTY	F	Veteran	02:56:47	80	28
10142	KEITH TAYLOR	M	Grand Master	02:57:03	393	20
4201	ROBERT MATTHEWS	M	Master	02:57:45	394	70
48058	CRAIG BOTHA	M	Veteran	02:57:47	395	121
94600	JAN WILLEM VAN DER HORST	M	Veteran	02:57:56	396	122
4246	RICHARD PARKER	M	Grand Master	02:58:18	397	21
6163	JOHN FRANCIS	M	Veteran	02:58:24	398	123
95459	ALLEN STIEBEL	M	Veteran	02:58:26	399	124
10635	DAVE NICHOLSON	M	Master	02:58:32	400	71
2118	RUSSELL DAVIES	M	Master	02:58:36	401	72
99530	SCOTT DEMMER	M	Senior	02:59:02	402	54
91342	WAYNE FOORD	M	Veteran	02:59:19	403	125
95191	DAVE FIELD	M	Veteran	02:59:45	404	126
5301	STEPHEN HERBERT	M	Veteran	02:59:53	405	127
8693	JAMES KIRSTEN	M	Junior	03:00:00	406	21
11272	GARTH HUNTER	M	Veteran	03:00:06	407	128
6473	PETER PROCTOR	M	Grand Master	03:00:17	408	22
47666	JACQUES BEZUIDENHOUT	M	Sub Veteran	03:00:35	409	90
16583	HAYLEY MARTIN	F	Youth	03:00:39	81	4
45154	GUS BRECHER	M	Master	03:00:59	410	73
6443	SUSAN J VAN MUNSTER	F	Veteran	03:01:09	82	29
95184	GEOFFFREY BOUTTELL	M	Master	03:01:16	411	74
5902	WARREN FORBES	M	Sub Veteran	03:01:17	412	91
10075	MICHELLE BURN	F	Senior	03:01:34	83	15
19087	RICHARD OLIVER BURN	M	Sub Veteran	03:01:36	413	92

10726	GILLIAN BURE	F	Veteran	03:01:56	84	30
4272	JUDITH GROVE	F	Master	03:01:58	85	10
14680	JOHN CUMMINS	M	Grand Master	03:01:58	414	23
43419	IVAN OAKLEY	M	Grand Master	03:02:33	415	24
41488	PAUL HAY	M	Grand Master	03:02:36	416	25
5679	ANDRE VAN KOOTEN	M	Sub Veteran	03:02:38	417	93
10965	ROBIN SCOTCHER	F	Master	03:02:40	86	11
86292	CHRISTIE ROWSE	F	Sub Veteran	03:03:02	87	26
8994	GLENN ROFFE	M	Veteran	03:03:06	418	129
95412	DAVID DEIGHTON	M	Veteran	03:04:06	419	130
99238	SHAUN PALM	M	Sub Veteran	03:04:15	420	94
8126	CHRISTOPHER CUMMING	M	Grand Master	03:04:26	421	26
95412	DAVID DEIGHTON	M	Veteran	03:04:27	422	131
1236	PIERRE LE RICHE	M	Grand Master	03:04:36	423	27
4594	JONATHAN SATES	M	Master	03:04:48	424	75
95602	MICHAEL HULLEY	M	Master	03:04:51	425	76
8437	THEMBELIHLE MHLONGO	F	Sub Veteran	03:05:13	88	27
40898	WERNER GROBLER	M	Sub Veteran	03:05:14	426	95
91395	KELLY WATSON	F	Senior	03:05:18	89	16
9972	WAYNE DUNBAR	M	Veteran	03:05:25	427	132
81374	JACQUES FOURIE	M	Veteran	03:05:36	428	133
93706	MIKE MUNRO	M	Veteran	03:05:36	429	134
43473	BRETT RIDGWAY	M	Veteran	03:05:44	430	135
98674	PETER ESPAG	M	Veteran	03:05:48	431	136
13494	MARNA ROETS	F	Senior	03:05:59	90	17
8985	DAVE COATES	M	Grand Master	03:06:05	432	28
14266	RUDOLF COETSER	M	Sub Veteran	03:06:23	433	96
4133	BEV LANCASTER	F	Master	03:06:24	91	12
2307	RICHARD MARK	M	Veteran	03:06:37	434	137
95263	WESLEY GROBLER	M	Sub Veteran	03:06:41	435	97
98948	STEVEN FERREIRA	M	Sub Veteran	03:06:43	436	98
41655	DENE PRETORIUS	M	Veteran	03:07:19	437	138
43744	RODNEY THOMSON	M	Grand Master	03:07:20	438	29
85571	DAVID WINSPER	M	Master	03:07:23	439	77
43308	KEITH MICHEL	M	Master	03:07:42	440	78
41757	LEON WARD	M	Sub Veteran	03:07:53	441	99
99870	MICHAEL WARD	M	Sub Veteran	03:07:57	442	100
41758	SABRINA WARD	F	Sub Veteran	03:08:00	92	28
2751	ROBERT VAN WIERINGEN	M	Veteran	03:08:53	443	139
4731	CAROL DU RAND	F	Sub Veteran	03:09:10	93	29
6116	DAMON CLARK	M	Master	03:09:28	444	79
3930	ANNMARIE BATEMAN	F	Veteran	03:09:46	94	31
99205	GERARD LOUBSER	M	Veteran	03:09:50	445	140
8445	SIMON HUNTER	M	Veteran	03:10:14	446	141
7707	GAVIN LEASK	M	Sub Veteran	03:10:29	447	101
9622	GARTH WHITTINGTON	M	Master	03:10:35	448	80
14092	MARK SANDIFORD	M	Master	03:10:41	449	81
90362	DEAN HATTINGH	M	Senior	03:11:07	450	55
94501	AARON DAVIES	M	Veteran	03:11:29	451	142
2810	LIZ BOTHA	F	Sub Veteran	03:11:32	95	30

4760	JUSTIN HENDERSON	M	Grand Master	03:11:42	452	30
7356	EUGENE KOEKEMOER	M	Veteran	03:12:27	453	143
3978	ROSLYN BUCHANAN	F	Sub Veteran	03:12:34	96	31
14053	SHAWN PIETERSE	M	Sub Veteran	03:12:39	454	102
16016	ERIKA VELISSARIOU	F	Sub Veteran	03:12:53	97	32
6700	ALLISON GANS	F	Master	03:13:04	98	13
94573	BRETT WEBB	M	Senior	03:13:17	455	56
47213	PETER GOBLE	M	Grand Master	03:13:21	456	31
91453	CRAIG SMITH	M	Veteran	03:13:29	457	144
98684	JOANNE CHITTENDEN	F	Sub Veteran	03:13:54	99	33
6601	TESSA SEAWARD	F	Veteran	03:14:10	100	32
41494	NATALIE FERGUSON	F	Youth	03:14:19	101	5
99962	BARRY NEETHLING	M	Master	03:14:32	458	82
9963	ROAN DE SWARDT	M	Sub Veteran	03:14:42	459	103
99978	NJABULO SIYABONGA NENE	M	Junior	03:14:49	460	22
21225	PAUL DE BEER	M	Veteran	03:15:10	461	145
80972	RIAAN LOTTER	M	Sub Veteran	03:15:15	462	104
10874	PETER WARREN	M	Grand Master	03:15:26	463	32
4611	DALE JOUBERT	M	Senior	03:15:37	464	57
10277	PIPPA ROWE	F	Veteran	03:16:34	102	33
34976	ROBIN HARTSLIEF	M	Senior	03:16:37	465	58
42918	CHRISTOPHER SMITH	M	Sub Veteran	03:16:39	466	105
13665	KEVIN MUNRO	M	Sub Veteran	03:16:59	467	106
95417	DAPHNE BOUTTELL	F	Veteran	03:18:33	103	34
9764	JOHN TE RIELE	M	Veteran	03:18:36	468	146
8435	RUPHUS MVUBU	M	Veteran	03:19:48	469	147
92943	DARRYN PALMER	M	Sub Veteran	03:20:18	470	107
7730	PATRICK DALAIS	M	Master	03:20:24	471	83
85510	ROLF BARTELS	M	Sub Veteran	03:20:31	472	108
99816	CARL BRETT DE KLERK	M	Sub Veteran	03:20:32	473	109
5251	ADRIAN SCHOEMAN	M	Grand Master	03:20:54	474	33
20202	CRAIG NEL	M	Veteran	03:20:56	475	148
95701	NOEL OTTO	M	Veteran	03:21:11	476	149
41711	DEREK MCASLAN	M	Master	03:21:17	477	84
7166	WARREN VON ALBACH	M	Veteran	03:21:17	478	150
12242	LINDY VAN LELYVELD	F	Senior	03:21:33	104	18
40927	PHILIP SCHOEMAN	M	Veteran	03:22:41	479	151
40924	TERESA SCHOEMAN	F	Sub Veteran	03:22:41	105	34
92766	TYRON WALKER	M	Sub Veteran	03:22:46	480	110
6680	ADAM PARFITT	M	Veteran	03:22:58	481	152
16203	MATTHEW STRYDOM	M	Veteran	03:23:01	482	153
3571	DEANE ROSSLER	M	Master	03:23:57	483	85
8388	VAUGHN MOUNTJOY	M	Senior	03:24:02	484	59
9835	RODNEY MOUNTJOY	M	Master	03:24:05	485	86
44658	BRIAN WILLIAMS	M	Master	03:24:10	486	87
4139	KEN LAWSON	M	Grand Master	03:24:18	487	34
85338	JON ROBINSON	M	Veteran	03:24:42	488	154
99420	STEVE ARAZYM	M	Sub Veteran	03:26:04	489	111
98993	MEL MACKAY	F	Senior	03:26:48	106	19
95168	SJANINE TANNER	F	Veteran	03:27:06	107	35

42611	EMMA LOCKHART	F	Senior	03:27:31	108	20
41746	JOHANNES VAN ASWEGEN	M	Veteran	03:27:40	490	155
4656	LES VERMAAK	M	Grand Master	03:27:43	491	35
3881	IOLE MATTHEWS	F	Master	03:27:45	109	14
42458	DANIEL THOMSON	M	Sub Veteran	03:28:24	492	112
7387	CARL DE VILLIERS	M	Senior	03:28:52	493	60
5343	SUSAN BREIDENBACH	F	Master	03:29:03	110	15
85426	CARLA FOURIE	F	Sub Veteran	03:29:05	111	35
80807	DENNIS ASHWELL	M	Sub Veteran	03:29:22	494	113
17161	NORMAN HALSE	M	Veteran	03:29:27	495	156
3994	ANDREW OGILVIE	M	Veteran	03:29:45	496	157
85495	ANDREW WILKINSON	M	Veteran	03:30:12	497	158
9219	CARYN WADE	F	Senior	03:31:59	112	21
2522	JOHN WINSTANLEY	M	Master	03:32:28	498	88
80031	LINDY BIRCHER	F	Veteran	03:33:38	113	36
8181	ANTHONY WILLIAMSON	M	Veteran	03:33:49	499	159
46889	WENDY HOLLINGSWORTH	F	Veteran	03:34:09	114	37
99672	MONIQUE DE KLERK	F	Sub Veteran	03:34:42	115	36
93158	BRENDON OLIVIER	M	Senior	03:35:13	500	61
17145	PETER NICHOLSON	M	Sub Veteran	03:35:40	501	114
92206	KIRSTEN CAMPBELL	F	Junior	03:36:48	116	2
95046	MORNE DE SWARDT	M	Sub Veteran	03:37:06	502	115
99708	DWAINE WANNENBURG	M	Senior	03:38:11	503	62
47420	PATRICK CONNOLLY	M	Master	03:38:19	504	89
93048	JASON STEVENSON	M	Sub Veteran	03:38:55	505	116
99587	DARREN FARBACH	M	Senior	03:39:27	506	63
4546	JO BENNETT	F	Veteran	03:39:43	117	38
92107	LIZETTE POTGIETER	F	Sub Veteran	03:41:11	118	37
41839	EVERT VAN WYK	M	Master	03:42:04	507	90
98610	CALLY HOLDER	F	Senior	03:42:04	119	22
85358	VANESSA BLEVINS	F	Sub Veteran	03:42:25	120	38
6628	SHARLENE DAVEY	F	Master	03:43:58	121	16
81206	SHARON KENDALL	F	Master	03:44:01	122	17
17489	GAIL GREEN	F	Veteran	03:44:44	123	39
16218	LOURENS CORNELIUS HOLTZHAUSEN	M	Senior	03:45:40	508	64
3425	ELMARIE WELGEMOED	F	Master	03:46:04	124	18
41126	LAUREN HOLDER	F	Senior	03:46:37	125	23
81314	SABINE MARSCHALL	F	Veteran	03:46:47	126	40
19979	WENDY JANSSENS	F	Veteran	03:47:16	127	41
19980	BEVERLEY BINDER	F	Master	03:47:17	128	19
95047	CLARE WATT PRINGLE	F	Sub Veteran	03:47:21	129	39
4641	MILTON EBERSOHN	M	Master	03:48:46	509	91
91417	ADELE BURGER	F	Senior	03:49:27	130	24
93296	ANDREW VAN DEN BERG	M	Master	03:49:34	510	92
8511	DAVID BLACKBEARD	M	Veteran	03:49:36	511	160
9787	TANYA LUTTIG	F	Veteran	03:50:00	131	42
90434	ROBERT GRETTON	M	Sub Veteran	03:51:53	512	117
91916	THANDA MZONELI	M	Sub Veteran	03:52:57	513	118
8926	DAVID DUKE	M	Veteran	03:53:02	514	161
20064	MARILYN DUKE	F	Sub Veteran	03:53:04	132	40

99429	KAYLEIGH ROFFE	F	Sub Junior	03:53:36	133	1
81044	BARRY BREDEKAMP	M	Master	03:55:48	515	93
81045	THERESA VAN HEERDEN	F	Master	03:55:50	134	20
1842	HATS GOLD	M	Veteran	03:56:37	516	162
4622	LIZ KEYTEL	F	Master	03:57:00	135	21
4369	MICHAEL KEYTEL	M	Master	03:57:03	517	94
81074	WAYNE BOTHA	M	Veteran	03:58:40	518	163
99120	CARYN WALKER	F	Sub Veteran	04:00:45	136	41
99117	ADAM WALKER	M	Sub Veteran	04:00:47	519	119
85048	GARY IRMSCHER	M	Veteran	04:01:04	520	164
47425	LISA WOODHOUSE	F	Veteran	04:02:10	137	43
90521	DAVID STEYN	M	Veteran	04:04:23	521	165
9218	DANIE BURGER	M	Master	04:07:45	522	95
99537	ZOE DALES	F	Sub Veteran	04:07:54	138	42
3719	SHAUN SEEGER	M	Veteran	04:10:27	523	166
95409	RUSSELL LINDSAY	M	Sub Veteran	04:12:42	524	120
99641	NEIL PELLOW-JARMAN	M	Master	04:13:00	525	96
95407	ERICA ANDERSON	F	Sub Veteran	04:18:07	139	43
8840	KAYLEE STADLER	F	Senior	04:18:09	140	25
98838	RALPH FORD	M	Veteran	04:25:24	526	167
99921	CHINA NGUBANE	M	Senior	04:27:09	527	65
2746	NICOLE TALBOT	F	Senior	04:32:16	141	26
40595	MARK CORINALDI	M	Master	04:33:28	528	97
80491	DAMON KALVARI	M	Veteran	04:41:38	529	168
13265	JOSHUA SWAIN	M	Senior	04:41:40	530	66
4073	SAMANTHA TALBOT	F	Senior	04:41:42	142	27
8597	TRACY IBBETSON	F	Sub Veteran	04:46:56	143	44
98569	LAMAR HART	M	Senior	05:04:34	531	67
90506	JO-ANN WEST	F	Sub Veteran	05:04:50	144	45
99133	DEWALD DE BEER	M	Senior	05:05:01	532	68
11182	BIANCA INGG	F	Senior	05:19:27	145	28