

Overall Results

9km Trail

| Race No | Name | Sex | Age Cat | Race Time | Ov Pos | Age Pos |
|---------|----------------------|-----|----------|-----------|--------|---------|
| C1013 | JASON KITCHING | M | 19 to 29 | 0:44:21 | 1 | 1 |
| 48036 | MZWAMANDLA ZONOLI | M | 40 to 49 | 0:46:21 | 2 | 1 |
| 57798 | TYRONE HOLDER | M | 40 to 49 | 0:46:54 | 3 | 2 |
| 98743 | RACHEL VAN DEVENTER | F | U16 | 0:48:57 | 1 | 1 |
| C1035 | PAT BRENCHLEY | M | 50 to 59 | 0:53:11 | 4 | 1 |
| B1383 | MDUDUZI NKALA | M | 50 to 59 | 0:53:48 | 5 | 2 |
| 8057 | RYAN VAN DEVENTER | M | 40 to 49 | 0:54:05 | 6 | 3 |
| 52686 | MATTHEW HAYTER | M | 30 to 39 | 0:54:18 | 7 | 1 |
| X11656 | STORM LANGLEY | F | 19 to 29 | 0:55:36 | 2 | 1 |
| XB3743 | JOLENE DE SOUSA | F | 40 to 49 | 0:57:21 | 3 | 1 |
| C1097 | CAITLIN BAYLEY | F | 30 to 39 | 0:58:12 | 4 | 1 |
| C1122 | KIERAN MARTIN | M | 19 to 29 | 0:58:14 | 8 | 2 |
| 5230 | LLEWELLYN ANDERSON | M | 50 to 59 | 0:58:53 | 9 | 3 |
| 49381 | PHILEMON NKOSI | M | 40 to 49 | 0:59:58 | 10 | 4 |
| 71420 | JANA DAMMANN | F | U16 | 1:00:03 | 5 | 2 |
| X62082 | PHILIPPA BURMEISTER | F | 40 to 49 | 1:01:33 | 6 | 2 |
| 45556 | CAMERON EDWARDS | F | 40 to 49 | 1:01:39 | 7 | 3 |
| 76796 | GILL DE BEER | F | 50 to 59 | 1:01:45 | 8 | 1 |
| 52365 | JESSICA SKEELES | F | 30 to 39 | 1:02:07 | 9 | 2 |
| 80441 | KATHERINE HELYAR | F | 30 to 39 | 1:02:17 | 10 | 3 |
| 75774 | LAUREN DAVISON | F | 30 to 39 | 1:02:45 | 11 | 4 |
| 41335 | MONIQUE VAN DEVENTER | F | 40 to 49 | 1:03:25 | 12 | 4 |
| 12640 | PAUL SCRUBY | M | 50 to 59 | 1:03:33 | 11 | 4 |
| C0192 | LISA NOURSE | F | 50 to 59 | 1:03:40 | 13 | 2 |
| 34338 | MICHELLE DONNE | F | 40 to 49 | 1:04:44 | 14 | 5 |
| B1248 | MICHELLE HATTINGH | F | 40 to 49 | 1:05:02 | 15 | 6 |
| C1065 | MEGAN CONRADIE | F | 19 to 29 | 1:05:03 | 16 | 2 |
| X12090 | WILLIAM STUBBS | M | 50 to 59 | 1:06:11 | 12 | 5 |
| 15627 | ANTHEA MICHAUX | F | 40 to 49 | 1:06:17 | 17 | 7 |
| 16782 | TRACEY OLIVIER | F | 50 to 59 | 1:06:34 | 18 | 3 |
| 4768 | KATHRYN BOLTON | F | 50 to 59 | 1:06:40 | 19 | 4 |
| 80211 | NIKKI WATERSTON | F | 50 to 59 | 1:06:43 | 20 | 5 |
| 42313 | CLINT ROBSON | M | 30 to 39 | 1:07:13 | 13 | 2 |
| C1058 | ANDREW COCHRANE | M | 50 to 59 | 1:07:26 | 14 | 6 |
| C1102 | ANGELA COCHRANE | F | 50 to 59 | 1:08:14 | 21 | 6 |
| 44027 | MALCOLM WALLACE | M | 50 to 59 | 1:08:20 | 15 | 7 |
| 44385 | BRONWYN DE LANGE | F | 40 to 49 | 1:08:38 | 22 | 8 |
| B1384 | BELUKAZI NKALA | F | 40 to 49 | 1:08:39 | 23 | 9 |
| C1018 | SUSAN CASSIDY | F | 40 to 49 | 1:08:39 | 24 | 10 |
| 76085 | SARAH DE LANGE | F | 19 to 29 | 1:08:55 | 25 | 3 |
| C1016 | DEBRA PALMER | F | 40 to 49 | 1:11:22 | 26 | 11 |
| C1017 | GILLIAN PAYNE | F | 50 to 59 | 1:11:25 | 27 | 7 |
| 61951 | VAUGHAN HAUPTFLEISCH | M | 50 to 59 | 1:11:37 | 16 | 8 |
| C1031 | LINDA VRENCHLEY | F | 50 to 59 | 1:11:48 | 28 | 8 |
| 52487 | HAYLEY JACKSON | F | 40 to 49 | 1:11:54 | 29 | 12 |
| 88671 | JAIME SIMPSON | F | U16 | 1:12:52 | 30 | 3 |
| C0760 | ALF BURGESS | M | 70+ | 1:13:44 | 17 | 1 |

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9km Trail

| | | | | | | |
|-------|----------------------|---|----------|---------|----|----|
| 86573 | SAGE SMITH | F | 19 to 29 | 1:14:05 | 31 | 4 |
| 76931 | CHERYL MOIG | F | 40 to 49 | 1:15:20 | 32 | 13 |
| B1556 | TONY YUNNIE | M | 50 to 59 | 1:15:22 | 18 | 9 |
| 43871 | JENNI BUCK | F | 40 to 49 | 1:16:06 | 33 | 14 |
| 92484 | JANET TURNER | F | 40 to 49 | 1:16:21 | 34 | 15 |
| C0367 | CHLOE TURNER | F | U14 | 1:16:31 | 35 | 1 |
| 42606 | JACQUELINE CLARK | F | 19 to 29 | 1:16:56 | 36 | 5 |
| B8077 | CHANTEL VAN DER WALT | F | 19 to 29 | 1:17:07 | 37 | 6 |
| C1123 | LECHELLE COGILL | F | 19 to 29 | 1:17:16 | 38 | 7 |
| 34044 | SONJA CARROLL | F | 50 to 59 | 1:20:15 | 39 | 9 |
| 85721 | MARTIN DAMMANN | M | 50 to 59 | 1:20:21 | 19 | 10 |
| 67704 | HAIDYN HAGGIE | M | 19 to 29 | 1:20:40 | 20 | 3 |
| 61923 | MICHELLE ALBERS | F | 50 to 59 | 1:21:05 | 40 | 10 |
| A6470 | HEMA DHANESUR | F | 40 to 49 | 1:21:08 | 41 | 16 |
| 23726 | SIMONA DAMERELL | F | 50 to 59 | 1:21:40 | 42 | 11 |
| 95957 | MAREN SMITH | F | 40 to 49 | 1:21:43 | 43 | 17 |
| 59235 | MEG HAMPSON | F | 19 to 29 | 1:21:51 | 44 | 8 |
| 41485 | BRITANNIE HOHLS | F | U18 | 1:21:52 | 45 | 1 |
| 96500 | ZELDA MENNE | F | 40 to 49 | 1:22:17 | 46 | 18 |
| 80448 | SHARON CALITZ | F | 60 to 69 | 1:23:53 | 47 | 1 |
| 80444 | DANIE CALITZ | M | 60 to 69 | 1:23:53 | 21 | 1 |
| C0294 | INGRID ROOS | F | 19 to 29 | 1:24:49 | 48 | 9 |
| C1124 | LEON HAGGIE | M | 50 to 59 | 1:27:10 | 22 | 11 |
| 3307 | MIKE ALBERS | M | 60 to 69 | 1:29:19 | 23 | 2 |
| 45836 | VANESSA ANNE STUART | F | 30 to 39 | 1:30:56 | 49 | 5 |
| 91990 | KEITH KEW | M | 40 to 49 | 1:31:02 | 24 | 5 |
| 51533 | SUSAN BEKKER | F | 60 to 69 | 1:35:34 | 50 | 2 |
| B1385 | BAWELILE MKHIZE | F | 30 to 39 | 1:36:30 | 51 | 6 |
| C1067 | JANET AZOR | F | 50 to 59 | 1:39:43 | 52 | 12 |
| B8424 | MACHAELA MES | F | 19 to 29 | 1:39:43 | 53 | 10 |
| B1386 | THANDO NDIMANDE | F | 19 to 29 | 1:48:51 | 54 | 11 |
| 81190 | PRANNESH MAHARAJ | M | 40 to 49 | 1:49:18 | 25 | 6 |
| 66230 | HAYLEY MCLENNAN | F | 50 to 59 | 1:55:50 | 55 | 13 |
| 12315 | NEIL MCLENNAN | M | 50 to 59 | 1:55:56 | 26 | 12 |
| 96498 | HILTON MENNE | M | 50 to 59 | 1:58:47 | 27 | 13 |
| 92686 | LINDA SCHONKNECHT | F | 50 to 59 | 2:04:33 | 56 | 14 |
| 85672 | JOAN SCHOEMAN | F | 70+ | 2:11:17 | 57 | 1 |
| 9008 | JUDY CONLIN | F | 70+ | 2:11:17 | 57 | 1 |

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| Race No | Name | Sex | Age Cat | Race Time | Ov Pos | Age Pos |
|---------|------------------------|-----|----------|-----------|--------|---------|
| 79556 | THULANI SKHAKHANE | M | 19 to 29 | 0:37:55 | 1 | 1 |
| 27398 | HLELANI RADEBE | M | 19 to 29 | 0:38:36 | 2 | 2 |
| 56541 | CHARLI MLOTSHWA | M | U14 | 0:38:42 | 3 | 1 |
| b1335 | PHAKA ZONDI | M | 19 to 29 | 0:39:05 | 4 | 3 |
| 56424 | JONATHAN WERTH | M | U16 | 0:39:09 | 5 | 1 |
| 96088 | NKOSINATHI DUMOBALA | M | 19 to 29 | 0:40:53 | 6 | 4 |
| 95074 | AYANDA MALEVU | M | U18 | 0:41:22 | 7 | 1 |
| c0762 | KHANYISANI NZIMANDE | M | 19 to 29 | 0:44:51 | 8 | 5 |
| 95892 | SCOT ARNOLD | M | U18 | 0:45:53 | 9 | 2 |
| b9959 | CHRISTINA STANTON | F | U18 | 0:51:02 | 1 | 1 |
| 73519 | KHANYA SINGH | F | 40 to 49 | 0:55:47 | 2 | 1 |
| 25585 | HANA NEWLANDS | F | U14 | 0:57:15 | 3 | 1 |
| 2944 | VICTORIA COETZEE | F | 40 to 49 | 0:57:20 | 4 | 2 |
| 21483 | MICHELLE SIMS | F | 50 to 59 | 0:57:22 | 5 | 1 |
| 10795 | RICHARD EMSLIE | M | 60 to 69 | 0:57:51 | 10 | 1 |
| 7971 | NATASHA STANTON | F | 40 to 49 | 0:59:10 | 6 | 3 |
| 85363 | HELEN BOLTON | F | 40 to 49 | 0:59:21 | 7 | 4 |
| 9307 | GAIL MAIN | F | 40 to 49 | 1:01:11 | 8 | 5 |
| 54277 | NAZMIRA KHAN | F | 30 to 39 | 1:01:40 | 9 | 1 |
| 49667 | RICKY GOVENDER | M | 50 to 59 | 1:03:12 | 11 | 1 |
| 48379 | NATACHA SMITH | F | 40 to 49 | 1:04:17 | 10 | 6 |
| 25316 | HANNAH GRAHAM | F | U18 | 1:04:37 | 11 | 2 |
| 55890 | MELANIE PRECE | F | 40 to 49 | 1:05:17 | 12 | 7 |
| 55891 | ROBERT PRECE | M | 40 to 49 | 1:05:18 | 12 | 1 |
| 34495 | VIYONNE LONGMORE | F | 30 to 39 | 1:05:45 | 13 | 2 |
| c1075 | CAITLYN BUISMAN | F | 19 to 29 | 1:06:42 | 14 | 1 |
| c0925 | CHLOE BROWN | F | 19 to 29 | 1:06:54 | 15 | 2 |
| b1249 | JO WILD | F | 30 to 39 | 1:07:08 | 16 | 3 |
| 9408 | HANNAH MAIN | F | 19 to 29 | 1:07:09 | 17 | 3 |
| c0479 | STEPHEN MAIN | M | 40 to 49 | 1:07:11 | 13 | 2 |
| c0778 | NASTASHA DE KLERK | F | 30 to 39 | 1:07:13 | 18 | 4 |
| 91792 | DUDLEY THOMSON | M | 30 to 39 | 1:07:14 | 14 | 1 |
| b1154 | DAVE ALEXANDER | M | 50 to 59 | 1:07:33 | 15 | 2 |
| 3910 | LIZ ALEXANDER | F | 60 to 69 | 1:07:44 | 19 | 1 |
| C1054 | JESSICA HANKEY | F | 30 to 39 | 1:10:48 | 20 | 5 |
| 69451 | NICOLE STONE | F | 30 to 39 | 1:10:56 | 21 | 6 |
| 57671 | GUY MARKHAM | M | 19 to 29 | 1:14:52 | 16 | 6 |
| 70398 | HANNAH MARKHAM | F | 19 to 29 | 1:14:55 | 22 | 4 |
| 98294 | WAYNE MOON | M | 50 to 59 | 1:15:15 | 17 | 3 |
| C1052 | ALANI FERREIRA | F | 19 to 29 | 1:16:23 | 23 | 5 |
| 4921 | CHRISTIE-LEIGH HEARDER | F | 19 to 29 | 1:16:23 | 24 | 6 |
| C0717 | CAROLYN GOVER | F | 50 to 59 | 1:16:50 | 25 | 2 |
| 11526 | LARA PLOTTS | F | 50 to 59 | 1:19:26 | 26 | 3 |
| A8148 | JOLENE SMYTHE | F | 40 to 49 | 1:19:26 | 27 | 8 |
| 44364 | FRIKKIE BOTES | M | 60 to 69 | 1:23:23 | 18 | 2 |
| 10808 | KERYN ADCOCK | F | 50 to 59 | 1:29:26 | 28 | 4 |
| C1007 | VAUGHN BENNETT | M | 19 to 29 | 1:29:31 | 19 | 7 |

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| B7413 | DEBBIE PORTER | F | 50 to 59 | 1:29:32 | 29 | 5 |
| 54732 | JEN DU PREEZ | F | 40 to 49 | 1:29:47 | 30 | 9 |
| 3646 | GRAHAM LEWIS | M | 60 to 69 | 1:30:31 | 20 | 3 |
| 3645 | JULYETTE LEWIS | F | 70+ | 1:30:31 | 31 | 1 |
| 8572 | ZELDA VERWEY | F | 40 to 49 | 1:32:06 | 32 | 10 |
| 72871 | JULIE-ANN KRUGER | F | 50 to 59 | 1:32:10 | 33 | 6 |
| 44345 | MARGARET BOTES | F | 60 to 69 | 1:32:11 | 34 | 2 |
| 99529 | RAYMOND GOATLEY | M | 70+ | 1:32:14 | 21 | 1 |
| b3628 | MANDY LOUW | F | 40 to 49 | 1:34:38 | 35 | 11 |
| 36404 | MICHELLE DIAMOND | F | 30 to 39 | 1:35:29 | 36 | 7 |
| 28786 | NICOLASA MCCABE | F | 60 to 69 | 1:36:26 | 37 | 3 |
| B1250 | LIZ ENGLEFIELD | F | 60 to 69 | 1:36:26 | 38 | 4 |
| 8929 | GRAHAM BUCK | M | 60 to 69 | 2:12:35 | 22 | 4 |
| b1253 | BEVERLEY BUCK | F | 60 to 69 | 2:13:14 | 39 | 5 |