

Overall Results



40km

Race No	Name	Sex	Age Cat	Batch	Race Time	Ov Pos	Age Pos
9275	BRADLEY ROWLETT	M	Sub Veteran	A	1:41:50	1	1
7574	TRAVIS STEDMAN	M	Youth	A	1:44:23	2	1
29530	KUSASELIHLE NGIDI	M	Youth	A	1:45:33	3	2
40163	NJABULO CELE	M	Senior	A	1:45:35	4	1
45108	DEAN WORTMANN	M	Senior	A	1:45:51	5	2
35185	BONGUKUPHIWA NDLOVU	M	Junior	A	1:50:21	6	1
19551	MEYCHACK MAJOLA	M	Senior	A	1:54:22	7	3
96517	SBONISO HLABISA	M	Youth	B	1:57:43	8	3
24916	KRISJAN SLABBERT	M	Senior	A	1:59:25	9	4
15986	LUNGANI MBAMBO	M	Junior	A	1:59:31	10	2
80155	RICHARD WEDDELL	M	Sub Veteran	A	1:59:47	11	2
50445	CLINTON CHANT	M	Sub Veteran	D	1:59:49	12	3
17944	LINDA MAPHANGA	M	Junior	A	2:00:00	13	3
11934	IAN SMITH	M	Veteran	A	2:00:18	14	1
4504	BRENT YELLAND	M	Youth	A	2:01:39	15	4
82447	CAMDEN KENCH	M	Youth	A	2:01:44	16	5
85403	SANDY INGLIS	M	Master	G	2:02:00	17	1
27736	SPHAKAMISO MABASO	M	Junior	A	2:02:26	18	4
68574	DESMOND SCOTT OVENSTONE	M	Senior	A	2:02:26	19	5
17947	SIBUSISO NDLOVU BLESSING	M	Senior	A	2:02:36	20	6
43902	ALLAN VAN HEERDEN	M	Master	A	2:02:44	21	2
47134	WERNER PIENAAR	M	Veteran	A	2:02:45	22	2
95474	REECE MC CALLUM	M	Youth	A	2:03:12	23	6
19543	MUZI MHLOPHE	M	Junior	A	2:03:41	24	5
1245	ANTHONY WILLOWS	M	Master	A	2:03:50	25	3
91381	SHELLEY HIGGO	F	Senior	A	2:03:51	1	1
50952	PAUL MULLER	M	Sub Veteran	A	2:04:16	26	4
6489	BRETT VINCENT	M	Veteran	A	2:04:24	27	3
34089	MARTIN DE VILLIERS	M	Veteran	A	2:04:27	28	4
4404	BRETT FOURIE	M	Master	C	2:04:48	29	4
13731	BRUCE YELLAND	M	Master	A	2:04:58	30	5
17150	RICHARD DE OUDE	M	Veteran	A	2:04:59	31	5
45317	MMELI NDI MANDE	M	Senior	A	2:05:37	32	7
7705	GERRIE VAN BILJON	M	Master	E	2:06:00	33	6
28679	WARREN RICHARDSON	M	Sub Veteran	C	2:06:20	34	5
13475	ROXANNE ORTMANN	F	Senior	B	2:06:24	2	2
3785	RUDI ORTMANN	M	Sub Veteran	B	2:06:25	35	6
3830	GREGG MCDONAGH	M	Sub Veteran	A	2:06:32	36	7
2312	DEON PRETORIUS	M	Veteran	A	2:07:00	37	6
4809	CALLAN DEACON	M	Senior	F	2:07:06	38	8
40522	JULIE LEE	F	Senior	F	2:07:07	3	3
35184	NKULULEKO PEWA	M	Senior	A	2:07:19	39	9
46980	SHANE SMITH	M	Veteran	E	2:07:39	40	7
10183	STRUAN CAMPBELL	M	Veteran	F	2:07:49	41	8
45525	CHRISTOPHER VAN EYSSSEN	M	Veteran	F	2:07:58	42	9
8595	BRIAN VAN AS	M	Grand Master	F	2:08:34	43	1
97129	THAMSANGA MAKHANYA	M	Youth	A	2:09:31	44	7

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70763	ANDRE BREDEKAMP	M	Veteran	A	2:09:33	45	10
3306	BRIAN MARTENS	M	Sub Veteran	A	2:09:39	46	8
8370	RAYMOND MC CALLUM	M	Master	B	2:09:42	47	7
13186	CHRIS MAWBEY	M	Master	A	2:09:56	48	8
30981	DOUGLAS BROWN	M	Veteran	B	2:10:30	49	11
3323	SU DON-WAUCHOPE	F	Veteran	C	2:10:38	4	1
10049	STEVEN KRIEL	M	Youth	C	2:10:42	50	8
5000	JOHN BECKER	M	Grand Master	A	2:10:48	51	2
2200	STEVE CHRISTY	M	Master	D	2:10:52	52	9
8197	CHARMAINE MC CALLUM	F	Veteran	B	2:11:01	5	2
6274	PAUL LONGE	M	Master	B	2:11:01	53	10
44504	DION HUTTON	M	Veteran	A	2:11:25	54	12
23353	ROBERT BRIEN	M	Master	B	2:12:32	55	11
53561	TREVOR CURRIE	M	Grand Master	B	2:12:46	56	3
25902	SAINT JOHN THOMSON	M	Youth	A	2:13:29	57	9
9154	MLUNGISI MAZIBUKO	M	Junior	A	2:13:29	58	6
36247	RICHARD EKSTEEN	M	Veteran	B	2:13:45	59	13
15988	SIPHO CANHAM	M	Senior	A	2:14:01	60	10
41127	DAMIAN BRADLEY	M	Veteran	B	2:14:45	61	14
52581	MURRAY BLEWETT	M	Youth	B	2:14:53	62	10
4917	CHAD HEARDER	M	Senior	G	2:15:24	63	11
53571	GUIDO VAN BESOUW	M	Grand Master	B	2:15:26	64	4
96072	WISEMAN MKHONZA	M	Senior	A	2:16:05	65	12
4779	BRENDON LONGHURST	M	Veteran	B	2:16:08	66	15
58989	NIEL VAN STRAATEN	M	Veteran	A	2:16:27	67	16
54287	WOUTER JORDAAN	M	Veteran	A	2:16:28	68	17
6069	RUAN PRETORIUS	M	Senior	A	2:16:48	69	13
61723	KEITH DIEDERICHS	M	Veteran	A	2:17:38	70	18
61721	PAULINE RAINBIRD	F	Veteran	A	2:17:38	6	3
41420	BRETT CULLIS	M	Veteran	B	2:17:44	71	19
20150	WYNAND DE SWARDT	M	Veteran	C	2:17:50	72	20
3733	DONALD ENSOR	M	Veteran	B	2:18:11	73	21
12631	FEARNE GILSON	M	Veteran	G	2:18:20	74	22
54753	INGRID FLINT	F	Master	B	2:18:42	7	1
9228	GRANT WADE	M	Sub Veteran	F	2:18:51	75	9
45130	ROY HUSON	M	Veteran	B	2:19:06	76	23
35447	SANELE MBOKAZI	M	Junior	A	2:19:11	77	7
9272	MARK POTGIETER	M	Master	B	2:19:25	78	12
92212	TAMMY HERSELMAN	F	Veteran	B	2:19:28	8	4
7575	GREG STEDMAN	M	Veteran	B	2:19:29	79	24
99257	DIMETRIOS VELISSARIOU	M	Veteran	G	2:19:47	80	25
25673	DANIEL BALLANCE BALLANCE	M	Youth	B	2:20:00	81	11
71280	ANDREW WISDOM	M	Master	G	2:20:33	82	13
61866	ZAIN VAN KERKEN	M	Veteran	B	2:20:35	83	26
5200	RICHARD MOHRING	M	Master	C	2:20:49	84	14
4596	BRETT CHETTLEBURGH	M	Master	C	2:21:22	85	15
46253	DANIEL ANASTASIS	M	Youth	B	2:21:36	86	12
52713	MATTHEW RICHINGS	M	Senior	A	2:21:47	87	14
6307	DAVID BARSKE	M	Master	A	2:21:51	88	16

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16203	MATTHEW STRYDOM	M	Veteran	A	2:21:54	89	27
13411	SHANNON CARLETON	F	Sub Veteran	C	2:22:01	9	1
13765	DARRYL MULLER	M	Veteran	A	2:22:31	90	28
40600	GRANT COLLIER	M	Veteran	C	2:22:54	91	29
8269	TYROL MITCHELL	M	Veteran	A	2:23:01	92	30
44335	LANCE ROBERTS	M	Veteran	A	2:23:07	93	31
36819	WAYNE BADENHORST	M	Sub Veteran	B	2:23:11	94	10
64502	EVAN LYLE	M	Sub Veteran	C	2:23:15	95	11
18020	CHARLES WILSON	M	Veteran	C	2:23:50	96	32
12084	PAUL MINDRY	M	Master	D	2:23:55	97	17
90230	ANDREW GIELINK	M	Master	B	2:24:04	98	18
10342	MARTIN FOURIE	M	Master	B	2:24:39	99	19
7185	ATHOL DAND	M	Grand Master	G	2:25:30	100	5
7854	GRANT NEILL	M	Veteran	G	2:25:32	101	33
8254	JOSICK WATKINS	F	Master	C	2:25:39	10	2
19896	HILTON SWART	M	Sub Veteran	A	2:25:53	102	12
8282	HELDER AMORIM	M	Master	A	2:25:58	103	20
9665	DAVE WOOD	M	Sub Veteran	F	2:26:00	104	13
26618	MIKE WADE	M	Master	A	2:26:02	105	21
37364	SIBUSISO VILAKAZI	M	Senior	D	2:27:41	106	15
6952	DONALD SQUIRES	M	Grand Master	A	2:27:43	107	6
6101	GRAHAM PARNELL	M	Grand Master	F	2:27:45	108	7
52553	ANNE BLEWETT	F	Master	D	2:27:57	11	3
46982	MATTHEW CHAMBERS	M	Master	C	2:27:57	109	22
4387	PIETER PRETORIUS	M	Veteran	C	2:28:18	110	34
36323	DERYCK SCHARNECK	M	Sub Veteran	F	2:28:55	111	14
8253	GUY WATKINS	M	Master	C	2:29:02	112	23
17210	PHILIP BURREING	M	Veteran	G	2:29:18	113	35
59066	IAN MORROW	M	Veteran	D	2:29:32	114	36
11900	MIKE GREEN	M	Veteran	E	2:29:54	115	37
10371	ANDREW GREEN	M	Youth	E	2:29:56	116	13
15820	CHRISTO DIRKS	M	Master	C	2:30:00	117	24
35127	GREG HOPF	M	Veteran	C	2:30:56	118	38
72500	MICHAEL PATTISON	M	Master	A	2:31:06	119	25
1254	GRANT DINKEL	M	Master	G	2:31:14	120	26
45644	ALLAN FABIAN	M	Master	G	2:31:17	121	27
9202	THEA CALITZ	F	Sub Veteran	B	2:31:26	12	2
44328	MARIOS KYRIAKIDES	M	Veteran	C	2:31:27	122	39
19106	BRANDON CAREW	M	Sub Veteran	C	2:31:30	123	15
40771	DOMENICO MESSINA	M	Veteran	E	2:31:35	124	40
3836	LARS JERG	M	Master	C	2:31:37	125	28
75193	JORDAN COLLOCOTT	M	Youth	B	2:31:38	126	14
13813	CRAIG BULL	M	Veteran	C	2:31:39	127	41
6447	BILL SPEIGHT	M	Grand Master	B	2:31:43	128	8
3680	RICHARD KRUSEKOPF	M	Grand Master	B	2:31:49	129	9
6447	BILL SPEIGHT	M	Grand Master	B	2:31:49	130	10
58127	MURRAY HISCOCK	M	Youth	E	2:32:02	131	15
9637	BRETT EDWARDS	M	Sub Veteran	D	2:32:28	132	16
81113	JASON KNOX	M	Veteran	B	2:32:40	133	42

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30037	HELGA VENTER	F	Veteran	C	2:32:49	13	5
33477	MATTHEW MCCLEARY	M	Youth	G	2:32:55	134	16
21651	RAY WHITMORE	M	Grand Master	B	2:33:08	135	11
77178	CANDICE HANSON	F	Sub Veteran	E	2:33:24	14	3
53630	DAVID HANCOCKS	M	Grand Master	A	2:33:40	136	12
3046	BRETT LEE	M	Veteran	B	2:33:47	137	43
7295	PHIL GODSON	M	Grand Master	B	2:33:49	138	13
36896	COLETTE HORTER	F	Sub Veteran	G	2:34:01	15	4
27376	ANDREW PEARSON	M	Grand Master	G	2:34:03	139	14
6464	CRAIG WRIGHT	M	Veteran	C	2:34:06	140	44
78450	DONTE' LINDEN TAYLOR	M	Youth	G	2:34:16	141	17
45742	DARIAN EASTHORPE	M	Master	D	2:34:19	142	29
95488	YOLAND SMITH	F	Veteran	B	2:34:23	16	6
95508	JADE WILSON	M	Sub Veteran	F	2:34:54	143	17
62852	MARC JESSIMAN	M	Veteran	F	2:34:56	144	45
74821	BRANDON WHEELER	M	Sub Veteran	C	2:35:03	145	18
8081	NICHOLAS TASCHNER	M	Master	B	2:35:37	146	30
5304	CARL FREYER	M	Grand Master	B	2:35:38	147	15
2916	MARK EASTON	M	Veteran	B	2:35:38	148	46
11114	BARRY LELONG	M	Veteran	B	2:35:39	149	47
28938	WERNER VOSLOO	M	Veteran	C	2:35:43	150	48
41212	MICHAEL DE VRIES	M	Sub Veteran	C	2:35:44	151	19
38089	KELLY SIMKISS	F	Senior	B	2:35:54	17	4
81837	BRANDON DRY	M	Youth	E	2:35:57	152	18
91782	SARAH JANE KOEKEMOER	F	Veteran	C	2:35:59	18	7
69347	PAUL RICHARDSON	M	Master	F	2:36:04	153	31
73259	JERAMIE HIGGINS	M	Junior	C	2:36:04	154	8
77838	JOSHUA LUKE BARRETT	M	Youth	B	2:36:06	155	19
37359	ANTONY KRUGER	M	Veteran	G	2:36:11	156	49
12637	GAVIN KRUGER	M	Master	B	2:36:19	157	32
51924	WESLEY GRANT	M	Veteran	B	2:36:19	158	50
42825	ROD BLAKE	M	Grand Master	B	2:36:19	159	16
52430	GARRETH KEET	M	Sub Veteran	C	2:36:25	160	20
6638	STEVE PIPER	M	Master	C	2:36:44	161	33
7853	MIKE SMIT	M	Grand Master	C	2:36:52	162	17
15827	DAKOTA TIEGS	F	Senior	C	2:36:56	19	5
13431	NEIL TUPPER	M	Grand Master	D	2:36:57	163	18
43083	MONGEZI MNGOMEZULU	M	Veteran	G	2:37:01	164	51
82373	JORGEN WIKSTROM	M	Senior	F	2:37:09	165	16
55809	ANDRE LOUIS OTTO	M	Grand Master	F	2:37:13	166	19
8067	MARK CARSTENS	M	Master	F	2:37:17	167	34
14448	JASON STEVENS	M	Grand Master	D	2:37:23	168	20
10133	ANDREW CRUICKSHANK	M	Veteran	F	2:37:41	169	52
15674	LUKE CLARK	M	Youth	F	2:37:42	170	20
3439	GINO GIAI-MINIETTI	M	Sub Veteran	F	2:37:43	171	21
55193	HARDUS BURGER	M	Sub Veteran	C	2:37:46	172	22
3562	RUSSELL HOLLOCKS	M	Master	D	2:37:55	173	35
3561	SAMANTHA HOLLOCKS	F	Master	D	2:37:55	20	4
51832	KARYN SILLS	F	Sub Veteran	D	2:38:00	21	5

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77494	BYRON GRAY	M	Senior	A	2:38:10	174	17
61169	CRAIG SIMPKINS	M	Veteran	C	2:38:11	175	53
17164	GREG WALKER	M	Master	G	2:38:11	176	36
98254	NICHOLAS COOK	M	Sub Veteran	C	2:38:19	177	23
57968	ELKE POWELL	F	Sub Veteran	D	2:38:40	22	6
21561	DERMOT QUINN	M	Grand Master	D	2:38:41	178	21
52191	SHAUN MICHAEL HEINZE	M	Grand Master	C	2:38:51	179	22
12586	BYRAN SPIRES	M	Veteran	E	2:38:51	180	54
8933	BARRY VAN DER MERWE	M	Veteran	F	2:39:23	181	55
16232	JAMES VAN NIEKERK	M	Veteran	C	2:39:30	182	56
3997	TYRONE WHITFIELD	M	Veteran	F	2:39:31	183	57
90276	JEAN ROBERT	M	Master	D	2:39:43	184	37
58292	MICHAEL REID	M	Grand Master	D	2:39:44	185	23
26925	EZILET MNCUBE	M	Veteran	G	2:39:45	186	58
6427	SIMON ANTHONY ALLEN	M	Master	F	2:39:47	187	38
77129	BRETT ALLISON	M	Sub Veteran	A	2:40:05	188	24
6897	WAYNE FYVIE	M	Veteran	D	2:40:05	189	59
1263	GRAHAM OBERHOLZER	M	Master	D	2:40:08	190	39
57771	PATRICK SALMOND	M	Sub Veteran	C	2:40:08	191	25
41409	TREVOR MEYER	M	Veteran	D	2:40:16	192	60
62533	RIKA DE BRUYN	F	Veteran	F	2:40:18	23	8
9732	MARK SMUTS	M	Master	C	2:40:43	193	40
8916	LIONEL GAZE	M	Grand Master	F	2:40:46	194	24
4242	GLYNTON REED	M	Master	B	2:40:46	195	41
80615	JOHN WAKEFIELD	M	Master	D	2:41:08	196	42
70615	KEVAN COLLOCOTT	M	Veteran	D	2:41:13	197	61
36602	VANESSA COLLOCOTT	F	Veteran	D	2:41:13	24	9
63137	LARA PELLOW-JARMAN	F	Veteran	D	2:41:33	25	10
4311	ROBERT JESSOP	M	Youth	B	2:41:40	198	21
57187	MIKE BRECKENRIDGE	M	Veteran	F	2:42:05	199	62
40719	RAMSAMY GOVENDER	M	Grand Master	A	2:42:22	200	25
71017	ROSS TELFER	M	Veteran	E	2:42:31	201	63
71306	KYLE DE SWARDT	M	Senior	E	2:42:38	202	18
8741	NEERAN AHEER	M	Veteran	E	2:42:48	203	64
20721	HADLEY WOODROFFE	M	Master	E	2:43:11	204	43
73838	MASON MEYER	M	Senior	A	2:43:20	205	19
12589	CORA-GENE SPIRES	F	Junior	D	2:43:25	26	1
65587	HENDRIK DE BRUYN	M	Veteran	F	2:43:43	206	65
14680	JOHN CUMMINS	M	Grand Master	B	2:43:47	207	26
50945	DAVID LARSEN	M	Veteran	C	2:43:52	208	66
7081	BILLY HARKER	M	Veteran	C	2:44:13	209	67
56114	SIMON ACKERMAN	M	Sub Veteran	C	2:44:19	210	26
52086	JOHNNY BLACK	M	Master	G	2:44:21	211	44
44045	TRACY HARKER	F	Veteran	C	2:44:23	27	11
86174	GRAHAM POOLE	M	Master	B	2:44:54	212	45
4313	BARON TANNER	M	Master	D	2:44:57	213	46
58809	ANDREW CLARK	M	Veteran	D	2:45:02	214	68
66029	CHARLENE STANDER	F	Sub Veteran	F	2:45:04	28	7
60611	ADAM WIMPRESS	M	Senior	G	2:45:08	215	20

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62281	NICK ARNULPHY	M	Sub Veteran	B	2:45:16	216	27
8122	MATTHEW UHLMANN	M	Youth	B	2:45:29	217	22
61024	NICK MARITZ	M	Master	C	2:45:35	218	47
8123	EDMUND UHLMANN	M	Veteran	C	2:45:46	219	69
3710	MARTIN WHITE	M	Grand Master	D	2:45:47	220	27
20950	ROB VEALE	M	Grand Master	D	2:46:09	221	28
16147	IAN ESLICK	M	Grand Master	D	2:46:10	222	29
70551	CHERYL MURPHY	F	Veteran	D	2:46:11	29	12
36505	MICHAEL JANSE VAN RENSBURG	M	Youth	F	2:46:21	223	23
8257	GERTJE STRACHAN	F	Master	C	2:46:24	30	5
8217	JOHN STRACHAN	M	Grand Master	C	2:46:24	224	30
3744	MARY-ANNE GREENLAND	F	Master	C	2:46:32	31	6
18054	GRAEME YATES	M	Master	C	2:46:32	225	48
12320	SALLY NEAVE	F	Veteran	D	2:46:32	32	13
1966	SHAWN MEYER	M	Veteran	B	2:46:33	226	70
2332	SANDRA YOUNG	F	Veteran	B	2:46:40	33	14
4981	JACQUES QUIST	M	Master	C	2:46:42	227	49
76358	GAVIN EASTWOOD	M	Master	G	2:47:11	228	50
13415	DAVID STERNBERG	M	Veteran	G	2:47:30	229	71
55984	CLINT COX	M	Veteran	B	2:47:42	230	72
45481	DAVID BIRKETT	M	Grand Master	F	2:47:57	231	31
55974	BRETT BUCHAN-SWANSON	M	Veteran	B	2:48:03	232	73
45483	MINKY BIRKETT	F	Grand Master	F	2:48:08	34	1
72059	CLIVE MCCANN	M	Grand Master	F	2:48:29	233	32
56760	MARK HIGGS	M	Master	E	2:49:08	234	51
36971	MANELISI ZONDI	M	Sub Veteran	E	2:49:31	235	28
19852	GREG GUYE	M	Master	G	2:49:39	236	52
7840	MANDY COBBING	F	Veteran	F	2:50:16	35	15
7832	JENNIFER RIGBY	F	Master	C	2:50:25	36	7
20337	GLENN ALLANSON	M	Master	D	2:50:30	237	53
82647	CONRAD BUCHNER	M	Senior	F	2:50:33	238	21
13778	PATRICIA SMITH	F	Master	E	2:50:39	37	8
51308	LINDSAY MIENIE	F	Veteran	E	2:50:40	38	16
82845	ELTON STEYN	M	Sub Veteran	F	2:50:47	239	29
59345	GARETH SALMOND	M	Senior	C	2:50:47	240	22
7831	DAVE RIGBY	M	Grand Master	D	2:50:56	241	33
40655	CLAYTON HAARHOFF	M	Sub Veteran	E	2:51:00	242	30
9568	MATTHEW BUCK	M	Veteran	B	2:51:27	243	74
71960	SHELDON BAXTER	M	Veteran	C	2:52:16	244	75
90055	ERICH KIECK	M	Sub Veteran	G	2:52:31	245	31
41627	MICHAEL KILN	M	Master	E	2:52:35	246	54
8923	RICHARD FOLKES	M	Grand Master	G	2:53:04	247	34
46611	RON HOUGHTING	M	Veteran	G	2:53:05	248	76
49085	HEATHER BANKS	F	Master	D	2:53:29	39	9
44332	JENNY LAVERS	F	Veteran	C	2:54:08	40	17
5910	JOSHUA BROPHY	M	Sub Veteran	B	2:54:12	249	32
6800	NATHAN PELLOW-JARMAN	M	Sub Veteran	B	2:54:13	250	33
19978	KOBIE COETZEE	M	Master	E	2:54:36	251	55
4470	LORNA MCCULLOUGH	F	Master	E	2:54:59	41	10

Overall Results



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35202	ROSS CARBUTT	M	Veteran	E	2:55:18	252	77
65238	NAREN RAJKUMAR	M	Veteran	D	2:55:30	253	78
2725	STAMATIS BALIDIS	M	Veteran	G	2:55:32	254	79
57794	SHANE ELLIOTT	M	Veteran	E	2:55:38	255	80
30147	KYLE BRUORTON	M	Junior	C	2:55:39	256	9
34403	NARDUS VAN DYK	M	Senior	F	2:55:50	257	23
80281	DANIE BEYLEVELD	M	Master	D	2:55:51	258	56
4220	CAROL JESSOP	F	Master	D	2:56:05	42	11
91342	WAYNE FOORD	M	Master	B	2:56:11	259	57
52320	SHEILA MCCALL	F	Grand Master	G	2:56:24	43	2
75496	MOSES MNYAKENI	M	Master	G	2:56:40	260	58
82594	BRETT SIMONS	M	Master	G	2:56:50	261	59
4733	DUNCAN GRAHAM	M	Master	F	2:57:03	262	60
4568	MIKE GOLDSTONE	M	Master	F	2:57:07	263	61
50960	LIAM UYS	M	Veteran	F	2:57:27	264	81
72464	JOHAN MEYER	M	Veteran	B	2:57:36	265	82
7427	NICOLA KEW	F	Veteran	C	2:57:53	44	18
72063	HILBERT DEON DU PLESSIS	M	Veteran	D	2:57:59	266	83
2836	CRAIG JESSOP	M	Master	D	2:58:19	267	62
36593	DONOVAN MCGILL	M	Veteran	G	2:58:25	268	84
50664	ANDREW HOUSTON	M	Senior	C	2:58:29	269	24
93816	ANDILE NGCOBO	M	Senior	E	2:58:33	270	25
52681	WARREN FIELDING	M	Veteran	G	2:58:34	271	85
74644	LEE DRY	M	Veteran	E	2:58:39	272	86
4413	CLIVE PUTMAN	M	Grand Master	G	2:59:02	273	35
75315	JOHAN RAUTENBACH	M	Grand Master	D	2:59:09	274	36
95020	ALAN FOSTER	M	Sub Veteran	D	2:59:25	275	34
99641	NEIL PELLOW-JARMAN	M	Master	D	3:00:15	276	63
40139	LIZ SIMON	F	Master	D	3:00:26	45	12
21493	NKULULEKO NCANANA	M	Sub Veteran	G	3:00:30	277	35
3364	PAVEL HYBLER	M	Veteran	D	3:00:30	278	87
5665	DARYL KRIEL	M	Master	D	3:00:32	279	64
46054	ERIN IVINS	F	Junior	D	3:01:02	46	2
4432	JODY IVINS	M	Veteran	D	3:01:05	280	88
51437	KENNETH HEWING	M	Master	F	3:01:19	281	65
11088	BRUCE MUNGLE	M	Master	C	3:01:59	282	66
10713	RUSSELL HUMPHREY	M	Master	E	3:02:22	283	67
26514	VANESSA WOOD	F	Veteran	E	3:02:32	47	19
80470	MARK DUNCAN	M	Master	C	3:02:39	284	68
14409	SIMON SCOTT-MONCRIEFF	M	Master	D	3:02:44	285	69
74335	DEBBIE MILLS	F	Master	D	3:02:49	48	13
67590	NKOSIPHENDULE MAJOZI	M	Sub Veteran	F	3:03:08	286	36
95131	ROSS WILLIAMS	M	Veteran	F	3:03:12	287	89
50351	KENNETH DRY	M	Veteran	C	3:03:14	288	90
31577	DON WHITTAKER	M	Master	G	3:03:23	289	70
67569	SONGEZO BALENI	M	Sub Veteran	F	3:03:46	290	37
10014	IAN ROBINSON	M	Grand Master	D	3:03:47	291	37
82459	LEANNE DAVIDSON	F	Master	F	3:03:57	49	14
13659	PAULA CAVE	F	Veteran	B	3:04:20	50	20

Overall Results



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16252	CHRIS BRIGGS	M	Master	E	3:04:37	292	71
53546	TIMOTHY SLABBERT	M	Veteran	C	3:04:48	293	91
33864	ALASTAIR PARR	M	Veteran	F	3:04:56	294	92
80275	WYNAND PRETORIUS	M	Veteran	E	3:05:11	295	93
80280	ELAINE PRETORIUS	F	Veteran	E	3:05:12	51	21
9903	COLIN MCCABE	M	Master	E	3:05:26	296	72
54584	TREVOR HAGEMANN	M	Grand Master	E	3:05:39	297	38
57772	ARTHUR HOPE	M	Veteran	D	3:06:34	298	94
19990	BARRY MARAIS	M	Master	D	3:06:43	299	73
95193	DENZIL MANUEL	M	Veteran	D	3:06:48	300	95
33671	THEO DE JAGER	M	Senior	D	3:06:51	301	26
13755	LANCE DEYSEL	M	Master	E	3:07:04	302	74
80329	DEAN DONALDSON	M	Veteran	D	3:07:20	303	96
50560	ROBERT MULLER	M	Master	C	3:07:36	304	75
95721	MARGIE DE WET	F	Master	F	3:07:40	52	15
10222	BRIAN GORDON	M	Veteran	C	3:07:40	305	97
5199	STUART BROWN	M	Senior	C	3:07:59	306	27
22479	KRINOLIN NAIDOO	M	Sub Veteran	E	3:08:01	307	38
6116	DAMON CLARK	M	Grand Master	D	3:08:04	308	39
71816	KATIE MALHERBE	F	Sub Veteran	E	3:08:08	53	8
59303	CHRIS DE WIT	M	Master	E	3:08:25	309	76
46164	ASHLEY BEGGS	M	Sub Veteran	B	3:08:31	310	39
85008	DIEDERICK KLEYNHANS	M	Master	A	3:08:52	311	77
5632	SEAN DUPONT	M	Veteran	F	3:08:52	312	98
49310	NICK BASS	M	Veteran	F	3:08:59	313	99
59106	ANDREW BRIGGS	M	Senior	D	3:09:05	314	28
9142	MICHAEL HOWELL	M	Master	B	3:09:06	315	78
5520	ALLYSON DU PLOOY	F	Veteran	F	3:09:09	54	22
33977	NIGEL WARREN	M	Grand Master	F	3:09:14	316	40
16918	MICHAEL WILKE	M	Master	D	3:10:10	317	79
14969	LUAN NIEUWOUDT	M	Sub Veteran	F	3:10:18	318	40
48755	KEITH VIENINGS	M	Veteran	F	3:10:34	319	100
6576	JASON BREEDT	M	Sub Veteran	F	3:10:51	320	41
22222	JASON STONE	M	Veteran	F	3:11:09	321	101
53086	SIM WARBER	F	Sub Veteran	E	3:11:22	55	9
13790	TARA WADSWORTH	F	Veteran	E	3:11:38	56	23
8397	SHAYNE WADSWORTH	M	Veteran	E	3:11:38	322	102
59233	TASHA PULLEN	F	Veteran	E	3:11:51	57	24
17263	KEVIN SPYKERMAN	M	Senior	F	3:12:07	323	29
6052	BIERMANN DU PLESSIS	M	Senior	F	3:12:07	324	30
7673	MARINA THORNE	F	Master	E	3:12:38	58	16
71631	NEIL COX	M	Master	D	3:12:39	325	80
23549	FERNANDO AUTET	M	Veteran	B	3:12:58	326	103
12687	ROB SMALL	M	Master	D	3:12:59	327	81
71225	SIPHESIHLE GWALA	M	Sub Veteran	F	3:13:07	328	42
71398	GREGG HISCOCK	M	Master	F	3:13:11	329	82
75508	DELANI CYRIL LATHA	M	Sub Veteran	E	3:13:21	330	43
58997	CAITLIN SCOTT	F	Sub Veteran	E	3:13:23	59	10
40626	TRYSTAN BANGER	M	Sub Veteran	E	3:13:27	331	44

Overall Results



40km

99325	GLEN LEWIS	M	Master	E	3:14:11	332	83
59260	DARREN MISKIN	M	Veteran	E	3:14:21	333	104
77388	TERRY LESTER	M	Grand Master	F	3:14:29	334	41
4367	JEFF FOBB	M	Grand Master	B	3:14:31	335	42
30801	GARTH GAFFLEY	M	Grand Master	D	3:14:42	336	43
95890	LANCE ARNOLD	M	Youth	B	3:14:54	337	24
82522	BRENDON ASHWELL	M	Sub Veteran	F	3:15:07	338	45
99326	CHARLES CREBO	M	Grand Master	D	3:16:02	339	44
70521	WALTER MANS	M	Master	C	3:16:24	340	84
95860	GILL VERMAAK	F	Master	D	3:16:58	60	17
92729	BRIAN VERMAAK	M	Grand Master	D	3:17:00	341	45
13427	RENE TUPPER	F	Master	E	3:17:41	61	18
58062	SONJA KRUEGER	F	Veteran	E	3:17:42	62	25
32256	TIANO COOK	F	Master	C	3:17:43	63	19
72526	MATT VAN ROOYEN	M	Sub Veteran	F	3:18:05	342	46
76026	THADDEUS REDDY	M	Junior	E	3:18:24	343	10
52908	GERRARD STOTT	M	Grand Master	D	3:18:34	344	46
70003	CANDICE THURSTON	F	Senior	F	3:18:54	64	6
64029	RICHARD LANGFORD	M	Senior	F	3:18:54	345	31
80493	JUSTINE LANGFORD	F	Sub Veteran	F	3:18:54	65	11
34993	BRYAN PIETERSEN	M	Sub Veteran	F	3:18:56	346	47
9761	MARINA ERIKSEN-MILLER	F	Master	F	3:19:00	66	20
9762	TONY KRAUSE	M	Master	F	3:19:01	347	85
34579	KEVIN URWIN	M	Master	G	3:19:05	348	86
36526	EMILY JOANNA VON BERG	F	Sub Veteran	E	3:19:08	67	12
98952	DIANE LUCK	F	Veteran	E	3:19:48	68	26
45831	RYAN WILDE	M	Youth	D	3:19:59	349	25
8669	DARYL COOPER	M	Grand Master	D	3:20:05	350	47
6473	PETER PROCTOR	M	Grand Master	D	3:20:06	351	48
72077	CLIVE JELF	M	Master	E	3:20:17	352	87
14626	JULIAN SCHLEMMER	M	Master	E	3:20:19	353	88
8863	MICHAEL LYNCH	M	Veteran	E	3:20:19	354	105
93644	RUDOLF COETSER	M	Grand Master	E	3:20:23	355	49
93645	WILMA COETSER	F	Sub Veteran	E	3:20:24	69	13
40307	BRIDGET THOMSON	F	Master	F	3:21:06	70	21
46930	MARY ANNE BOWDEN	F	Veteran	E	3:21:09	71	27
11435	IAN THOMSON	M	Veteran	F	3:21:10	356	106
26496	RUTH UNWIN	F	Sub Veteran	E	3:21:29	72	14
70607	GAVIN JOHNSON	M	Sub Veteran	E	3:21:30	357	48
52745	DERRICK BAIRD	M	Veteran	B	3:21:45	358	107
5795	LES WARR	M	Grand Master	C	3:21:50	359	50
5389	MARTIN HOPKINS	M	Veteran	D	3:22:09	360	108
5102	NOEL GILLES QUEVAUVILLIERS	M	Grand Master	C	3:22:20	361	51
23441	DENNIS WISHART	M	Grand Master	E	3:22:47	362	52
51693	JOY MEYER	F	Senior	D	3:24:08	73	7
35190	ROBBIE MULDER	M	Master	E	3:24:31	363	89
13554	CRAIG LEE MERZ	M	Sub Veteran	D	3:25:16	364	49
50539	STELLA MACLEOD-HENDERSON	F	Veteran	D	3:26:05	74	28
50527	STUART MACLEOD-HENDERSON	M	Veteran	D	3:26:09	365	109

Overall Results



40km

5714	JACQUELINE SEAGER-HART	F	Veteran	F	3:27:34	75	29
63947	DONOVAN ALBERT MEINTJIES	M	Master	E	3:27:41	366	90
3988	SARAH MCLENNAN	F	Veteran	F	3:28:27	76	30
4401	LYNIEVE BRICKNELL	F	Sub Veteran	F	3:28:27	77	15
34422	ANITA SMALL	F	Sub Veteran	D	3:29:25	78	16
92751	FIA DE BRUYN	F	Youth	F	3:29:41	79	1
45549	CHERILYN HOAL	F	Veteran	D	3:30:09	80	31
81060	THEO BLOK	M	Veteran	D	3:30:12	367	110
56084	SID THORNE	M	Master	E	3:31:05	368	91
50527	STUART MACLEOD-HENDERSON	M	Veteran	D	3:31:36	369	111
70126	SEAN WATKINS	M	Veteran	D	3:31:43	370	112
30002	MARCUS YOUNG	M	Sub Veteran	D	3:31:46	371	50
70125	RAVEN PAICE	M	Veteran	D	3:31:46	372	113
60991	PETER MC DERMOTT	M	Grand Master	D	3:32:44	373	53
65316	IAN LINDSEY	M	Veteran	E	3:32:51	374	114
22251	STEPHEN VAN ROOYEN	M	Master	D	3:37:14	375	92
4618	LYNDA WEIR	F	Master	C	3:38:17	81	22
17399	CHAD STRANACK	M	Sub Veteran	E	3:38:40	376	51
3307	MIKE ALBERS	M	Grand Master	E	3:38:40	377	54
64205	MICHELLE BASS	F	Veteran	F	3:39:07	82	32
13799	CHERYL COETZEE	F	Veteran	F	3:39:09	83	33
61923	MICHELLE ALBERS	F	Master	E	3:40:17	84	23
5286	LANA NIELSEN	F	Sub Veteran	D	3:43:53	85	17
8004	AMANDA BREYTENBACH	F	Veteran	D	3:43:53	85	34
37476	BRANDON MC CLURE	M	Veteran	G	3:44:14	378	115
85123	CHRIS BRUORTON	M	Grand Master	E	3:44:23	379	55
31676	KATE KOHNE	F	Sub Veteran	E	3:44:30	86	18
23179	MARVIN THOMAS	M	Veteran	D	3:44:58	380	116
32997	CHRIS KLOPPENBORG	M	Senior	E	3:46:52	381	32
33042	MURRAY HODGSKIN	M	Senior	E	3:46:52	382	33
22255	FRANCOIS SMITH	M	Sub Veteran	E	3:46:53	383	52
24142	GRANT ADAMS	M	Veteran	E	3:46:56	384	117
42735	MARTIN NAUDE	M	Veteran	C	3:49:28	385	118
9787	TANYA LUTTIG	F	Veteran	E	3:52:56	87	35
73629	SHUAIB PEER	M	Senior	G	3:53:12	386	34
14621	JOCELYN NORTON	F	Sub Veteran	F	3:53:45	88	19
69679	JAMIE-LEE JANSEN VAN VUUREN	F	Senior	F	3:53:47	89	8
93705	DAVID PATTISON	M	Grand Master	D	3:59:03	387	56
63578	ANTOINETTE BEDINGFIELD	F	Master	E	3:59:32	90	24
25773	HUGH NORMAN	M	Grand Master	E	3:59:33	388	57
3880	SYD MILLS	M	Grand Master	E	4:00:47	389	58
82418	PATRICK MBATA	M	Sub Veteran	F	4:00:53	390	53
53283	BRIAN MUMFORD	M	Veteran	E	4:01:55	391	119
59124	SANDY MOLLER	F	Master	E	4:01:56	91	25
25013	MELINDA VERMEULEN	F	Grand Master	D	4:02:16	92	3
45706	DIRK BAM	M	Veteran	C	4:05:01	392	120
47574	DAVE DIXON	M	Grand Master	E	4:08:04	393	59
35093	MARI VAN DER LINDE	F	Veteran	F	4:10:38	93	36
15277	BRENDA DAHLGREN	F	Master	G	4:12:00	94	26

Overall Results



40km

53545	MALCOLM HARRIS	M	Veteran	G	4:12:04	394	121
38496	TELANI DE WITT	F	Veteran	F	4:15:03	95	37
42826	PATRICK BAKER	M	Veteran	F	4:15:09	395	122
82432	CAMERON BAKER	M	Senior	F	4:15:34	396	35
82650	PATRICK LOUW	M	Sub Veteran	E	4:15:55	397	54
82648	NICOLA LOUW	F	Sub Veteran	E	4:15:57	96	20
54087	WALTER MAHADOO	M	Master	F	4:19:27	398	93
52291	JOSEPH BOTHA	M	Veteran	E	4:20:24	399	123
75614	RIAAN VAN DER LINDE	M	Sub Veteran	D	4:20:27	400	55
58246	RICHARD LEASK	M	Grand Master	G	4:22:08	401	60
93814	ZIBISE CYPRIAN SIKHAKHANE	M	Veteran	E	4:29:29	402	124